

RESOURCE	DESCRIPTION	CONTACT INFORMATION
NATIONAL RESOURCES (Available to all DE, NJ, and PA residents)		
PRESCRIPTION ASSISTANCE		
NeedyMeds	<p>Organization offers comprehensive and up-to-date contact information and instructions for numerous pharmaceutical manufacturers' drug assistance programs for patients. A national listing of free and low-cost healthcare clinics as well as other organizations offering financial assistance to patients with several health conditions is available on the website. 1,082 coupons for 990 prescription drugs are available for download. Moreover, a free downloadable drug discount card is available for anyone without insurance to substantially lower the cost of medications.</p>	<p>Website: www.needymeds.com</p> <p>Telephone: 978-865-4115</p>
Walmart Reduced-Price Prescriptions	<p>Walmart Pharmacies offer \$4 prescriptions for a 30-day supply of 300 generic drugs (or \$10 prescriptions for a 90-day supply). This program is available to everyone with no membership required. A complete listing of the medications available at these low prices, as well as more detailed program information, can be accessed via the Web addresses provided.</p>	<p>Website: http://www.walmart.com/cp/PI-4-Prescriptions/1078664</p> <p>Reduced-Price Prescription List: http://i.walmartimages.com/i/if/hmp/fusion/customer_list.pdf</p>
Partnership for Prescription Assistance (PPA)	<p>Organization helps qualifying patients who lack prescription coverage get the medicines they need at a significantly reduced rate (often for free) through public or private programs.</p>	<p>Website: http://www.pparx.org/</p> <p>Telephone: 1-888-477-2669</p>
SUPPLEMENTAL INCOME		
United States Social Security Administration Supplemental Income (SSI) Program	<p>Provides supplemental security income (SSI) to low-income, permanently disabled individuals who have few financial resources. To apply for SSI benefits, you must complete the online Social Security Adult Disability Report (available at https://secure.ssa.gov/apps6z/radr/radr-fe) or Social Security Child Disability Report (available at https://secure.ssa.gov/apps6z/i3820/main.html). Detailed instructions on completing the report can be found at the following Web address: http://www.socialsecurity.gov/hlp/radr/10/global-report-works.htm.</p> <p>Once the report has been completed, applicants must schedule an appointment with their local SSI office, between the hours of 7 am and 7 pm Monday through Friday, to complete the application process.</p>	<p>Website: http://www.ssa.gov/pgm/ssi.htm</p> <p>Telephone: 1-800-772-1213</p>

CLINICAL TRIALS RESOURCE		
CenterWatch	<p>Professional organization committed to providing patients and healthcare professionals with comprehensive, unbiased information on clinical trials. Patients can search for clinical trials seeking volunteers by disease condition. They may also register to receive free e-mail alerts when new clinical trials are posted to match the medical or geographic area specified. The comprehensive site also contains information on new medical therapies as well as detailed prescription drug information.</p>	<p>Website: http://www.centerwatch.com</p> <p>Telephone: 866-219-3440</p> <p>E-mail: Customerservice@centerwatch.com</p>
TRANSPORTATION ASSISTANCE		
LogistiCare	<p>Coordinates non-emergency transportation for the elderly, disabled, chronically ill or medically fragile, individuals with special needs, Medicaid and Medicare recipients, etc. Transportation destinations include healthcare appointments, entertainment events, grocery stores, laundromats and dry cleaners, pharmacies for prescription drug pick-ups, trips to run general errands, and more.</p> <p><i>Note:</i> For individuals receiving Medical Assistance (MA), all medical rides must be arranged through the Department of Public Welfare's Medical Assistance Transportation Program.</p>	<p>Website: http://www.logisticare.com/</p> <p>Ride reservation lines: Telephone (PA): 877-835-7412 Telephone (NJ): 866-527-9933 Telephone (DE): 866-123-778</p> <p>E-mail: network@logisticare.com</p>
EMPLOYMENT		
ABILITYJobs	<p>An employment network for qualified job candidates with disabilities. Employers who post job openings exhibit an open-door policy, and demonstrate their responsiveness to affirmative action by their interest in recruiting qualified job candidates with disabilities.</p>	<p>Website: http://abilityjobs.com</p> <p>Address: ABILITY Mail Center, P.O. Box 10878, Costa Mesa, CA 92627</p>
HOME HEALTH CARE		
IKOR®	<p>Experienced registered nurse patient advocates provide customizable services to the ill, injured, and disabled. Each client's plan is based on his/her unique needs. IKOR® helps families manage both short and long-term care issues for child, adult, and senior patients.</p>	<p>Website: http://www.ikorusa.com/index.html</p> <p>Telephone: 610-444-1454 (877-IKORUSA)</p> <p>Address (Headquarters): 415 McFarlan Road, Suite 200, Kennett Square, PA 19348</p>

<p>BAYADA®</p>	<p>Organization of healthcare professionals (nurses, therapists, home health aides, medical social workers, etc.) offering critical care and support services in the home for children and adults of all ages. They accept reimbursement from the largest group of health insurance payors in the country including Medicare, Medicaid, veterans' benefits, workers compensation, other government programs, private health insurance, long-term care insurance, auto insurance, and HMOs. To ease the process of arranging and paying for services, they handle all of the paperwork, contact payors to determine levels of home health coverage, and then bill the appropriate plan directly.</p>	<p>Website: http://www.bayada.com/services_overview.asp</p> <p>Telephone: 888-4-BAYADA (888-422-9232)</p>
<p>CAREGIVER SUPPORT FOR SPOUSES/PARTNERS OF THOSE WITH CHRONIC ILLNESSES</p>		
<p>Well Spouse Association</p>	<p>Provides emotional support to, raises consciousness about, and advocates for spouses/partners of the chronically ill and/or disabled. Also works to educate healthcare professionals and the public about the special challenges and unique needs of spousal caregivers and their families. They coordinate a national network of live support groups and the contacts for those groups in the DE, NJ, and PA can be found in the column to the right. In addition, an online chat forum is available for spousal caregivers on their website, as well as an informative e-newsletter <i>Member Minute</i>.</p>	<p>Website: www.wellspouse.org</p> <p>Email: info@wellspouse.org</p> <p>DE Support Group: Telephone: 302-994-6606 (Debbie Hawke; debhawke2020@aol.com)</p> <p>Cherry Hill NJ Support Group: Telephone: 609-654-5618 (Judy Baumbach; jebaumbach@verizon.net)</p> <p>Freehold Area NJ Support Group: Telephone: 732-577-8899 (Donna McQuade; wsadmarie@verizon.net)</p> <p>Southern Ocean County NJ Support Group: Telephone: 609-384-1995 (Vivian Lombardo; vlombardo44@gmail.com)</p> <p>Chester County PA Support Group: Telephone: 610-918-9192 (Joe Wolf; Jwolf07@comcast.net)</p> <p>Lehigh PA Support Group: Telephone: 610-776-3213 (Richard Schall; rschall@gsrh.org)</p>

		<p>Main Line/Valley Forge PA Support Group: Telephone: 215-200-6443 (Dave Goldenberg; dcwash@earthlink.net)</p> <p>Northeast Philly/Abington PA Support Group: Telephone: 215-478-1689 (Jeanne Riman)</p>
MEAL & GROCERY HOME DELIVERY SERVICES		
Meals on Wheels	Delivery of meals to the homebound whose mobility is limited and who would otherwise be unable to shop for food or cook for themselves.	<p>Website: http://www.mowaa.org/findameal (Search for local programs by zip code)</p> <p>Telephone: 1-888-998-6325</p> <p>E-mail: Mowaa@mowaa.org</p>
Netgrocer.com	Complete your grocery shopping online and have your groceries delivered right to your doorstep by FedEx delivery. This well-organized grocery shopping site contains a wide variety of refrigerated, frozen, and non-perishable groceries; health and beauty supplies; home products; and gift items. Low shipping rates are available to residents of DE, NJ, and PA.	<p>Website: http://www.netgrocer.com/</p> <p>Telephone: 1-888-NetGrocer (1-888-638-4762)</p> <p>Hours: Mon-Fri 8:00 am to 5:00 pm EDT</p>
ShopRite From Home Grocery Delivery Service	Shop for your groceries online and well-trained personal shoppers will select the freshest produce, meat, seafood, and more on your behalf by shopping the aisles for you. Your order can be picked up for delivery or you can opt to have your groceries delivered to your doorstep. A complete listing of the DE, NJ, and PA zip codes serviced can be found online here: http://www.shoprite.com/srfh_delivery/ . Note that each of the stores listed on this webpage services <i>a large area of zip codes</i> , so there is a very good chance that one of their numerous stores will service you. For instance, if you click on the link for ShopRite of West Chester (PA), it services all of the following areas in PA and DE: Aston, Avondale, Berwyn, Brookhaven, Broomall, Bryn Mawr, Chadds Ford, Chester, Chester Springs, Cheyney, Claymont, Crum Lynne, Devon, Downingtown, Drexel Hill, Exton, Folsom, Glenn Mills, Glenmoore, Haverford, Havertown, Hockessin, Kennett Square, King of Prussia, Malvern, Marcus Hook, Media, Mont Clare, Morton, Newtown Square, Paoli, Phoenixville, Pocopson, Springfield, Swarthmore, Thornton, Toughkenamon, Villanova, Wallingford, Wayne, West Chester, Westtown, Wilmington, and Yorklyn! For ease in finding a location nearest to you, use their "Store locator" tool found here: http://shoprite.mywebgrocer.com/StoreLocator.aspx?f=os .	<p>Educational video on how to use the ShopRite From Home online grocery service: http://www.youtube.com/watch?v=EnZv4bHx-i8&feature=youtu.be</p> <p>Website (Listing of Grocery Delivery Areas): http://www.shoprite.com/srfh_delivery/</p> <p>Website (Store Locator Tool) for Shop From Home Service: http://shoprite.mywebgrocer.com/StoreLocator.aspx?f=os</p>

