Save the Date

Scleroderma Foundation’s Annual Patient Education Conference
Nashville, TN
July 17-19, 2015
For more information about scholarships, registration and agenda, visit: scleroderma.org

Tri-State Chapter’s Annual Research Forum
Saturday, November 14, 2015
Hospital for Special Surgery

2015 Stepping Out to Cure Scleroderma Walks

Albany, NY
June 7, 2015 | 6:30 p.m.
Crossgates Mall

Binghamton, NY
June 7, 2015 | 9 a.m.
Otsiningo Park

Buffalo, NY
June 6, 2015 | 10 a.m.
Eastern Hills Mall

Hartford, CT
June 13, 2015 | 9 a.m.
Blue Back Square

Long Island, NY
June 7, 2015 | 9 a.m.
Wantagh Park

Manhattan, NY
June 14, 2015 | 9 a.m.
Riverside Park 96th St.

Plattsburgh, NY
June 14, 2015 | 9 a.m.
Beekmantown Town Hall Park

Poughkeepsie, NY
June 20, 2015 | 9 a.m.
Vassar College

Ridgefield Park, NJ
May 31, 2015 | 9 a.m.
Overpeck Park

Rochester, NY
June 6, 2015 | 9 a.m.
Seneca Park

Stamford, CT
June 28, 2015 | 9 a.m.
Westhill High School

Staten Island, NY
June 20, 2015 | 9 a.m.
Clove Lakes Park

Syracuse, NY
June 14, 2015 | 9 a.m.
Onondaga Lake Park

Westchester, NY
May 31, 2015 | 9 a.m.
Location TBD

Be Educated

We want scleroderma patients to be as well-educated about their disease as possible! Along with information that is gained by attending our support group meetings, we offer a free video-streaming website. This site holds over 60 recordings of doctors and other health care professionals who speak on a variety of topics related to scleroderma. The website is available for use 24/7 and we invite you to watch the presentations anytime, anywhere.

Take a look, visit: SclerodermaVideo.com.

Did you know?

June 29 is World Scleroderma Day.
Check out our social media pages and watch the mail for more information.

Sclero-Men
Scleroderma Foundation Men’s only Support Group
Hospital for Special Surgery
St. Giles Room - 5th Floor
535 East 70th St.
New York, NY 10021
10:30 am
Leader: Eric Goldstein
(646) 275-4178
ScleroMen@scleroderma.org
Skype Contact: scleromen
Because scleroderma manifests itself in a very unique way in men, their issues and concerns are unique as well. This is likely why we see so few men come to support group meetings on a regular basis. There are also other issues unique to the male gender such as upbringing, expectations and need to control emotions like sadness, grief, and signs of weakness that are likely barriers to their participation. These issues however cause more stress, adding to the fatigue and pain that most people with scleroderma experience.

Scleromen is the first all-male support group dedicated to the concerns of men with scleroderma. I encourage you to become part of our group which allows for open and frank discussions about the effects of the disease on us and our relationships with others. Together, we will support each other as we live life with scleroderma.

Your Tri-State Volunteer, Eric Goldstein

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**Dear Friends,**

Scleromen is the first all-male support group dedicated to the concerns of men with scleroderma. I encourage you to become part of our group which allows for open and frank discussions about the effects of the disease on us and our relationships with others. Together, we will support each other as we live life with scleroderma.

**Your Tri-State Volunteer,**

**Eric Goldstein**

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**Tri-State Support Groups Offer**

- Mutual support to people with scleroderma.
- An opportunity to talk with others who have gone through similar health challenges.
- A chance to share experiences, practical suggestions, and ways of coping.
- A welcome place to get information and learn from others in a warm and caring atmosphere.
- Educational information provided by the Scleroderma Foundation.

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**Tri-State’s Three-Fold Mission:**

**Support**
To provide education and emotional support to people with scleroderma and their families.

**Education**
To enhance the public’s awareness of this disease.

**Research**
To stimulate and support research designed to identify the cause of and cure for scleroderma, as well as improve methods of treatment.

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**2015 Meeting Schedule**

- March 21
- April 18
- May 16
- June 20
- August 15
- September 19
- October 17
- November 21
- December TBA
  Holiday Party

**June is Scleroderma Awareness Month**
Find out how to get involved at sclerodermatristate.org