

3 Days Until the Patient Education Conference

Register Online Today!

www.scleroderma.org/DCpatienteducationconference!

Come and gain valuable information about scleroderma from leading medical professionals at the Scleroderma Foundation Greater Washington, DC Chapter's Patient Education Conference!



See the Presentation Topics listed below, and read the "Meet the Presenter" article to learn about one of our speakers, **Dr. Virginia Steen from Georgetown University Hospital.**



Early Bird Registration Fee: \$15
On-site Registration Fee: \$20 (on-site registration begins at 9:30 a.m.)
Lunch provided

Saturday, October 8, 2016, 10:00 am - 4:00 pm
Ross Hall, George Washington University Hospital
2300 I Street NW, Washington, DC 20037



Parking available at the School of Engineering and Science (for more parking information, click [here](#)). Metro Stop is Foggy Bottom.

Speakers & Presentation Titles:

- **Dr. Ronald S. Brown, Howard University - Scleroderma and Dental Issues**
- **Dr. Kathleen Holton, American University - Optimizing Nutrition for Scleroderma Patients**
- **Dr. Laura Hummers, Johns Hopkins University Hospital - Updates on Scleroderma Research**
- **Dr. Zsuzsanna McMahan, Johns Hopkins University Hospital - Complexities of Scleroderma GI Disease: Clinical Manifestations, Risk Factors, Diagnosis, and Management**
- **Dr. Victoria Shanmugam, George Washington University Hospital - Wound Care and Digital Ulcers**
- **Dr. Virginia Steen, Georgetown University Hospital - Lung Disease in Scleroderma**
- **Dr. Joshua Woolstenhulme, The George Washington University - NIH Interstitial Lung Disease and Exercise Study**

Meet the Presenter - Dr. Virginia Steen

Dr. Virginia Steen will discuss "Lung Disease in Scleroderma."

"This is a very exciting time for patients with scleroderma, as there is so much interest in studying different medications for this disease. During this conference, we look forward to sharing with you both the possibilities for participating in clinical trials as well as the results of some of the recent trials."



Dr. Virginia D. Steen is Professor of Medicine with Tenure at Georgetown University Medical Center, Washington, DC. She has made contributions to understanding the epidemiology and natural history of the Systemic Sclerosis. Dr. Steen is actively involved in doing clinical trials in scleroderma with more than 15 ongoing trials. She has been on the Medical Advisory Board of the National Scleroderma Foundation for many years and received the Lifetime Achievement Award from the National Foundation several years ago. Dr. Steen also serves on the Chapter Medical and Scientific Advisory Board.

We are delighted to have Dr. Steen and our other presenters participate in our conference! Check out upcoming issues to read more about our presenters!

Vascana Study Looking at Treating and Preventing Raynaud's Phenomenon

Do you have painful hands from Raynaud's Phenomenon?

If so, this **Vascana Study** may be what you are looking for. This clinical research study is trying to determine whether a topical formulation of nitroglycerin can be used to treat and prevent symptoms of Raynaud's Phenomenon (RP).



We are looking for individuals who have Raynaud's Phenomenon associated with scleroderma, lupus or rheumatoid arthritis who can help us determine whether this treatment is effective.

Would you like to take part in a study like this? You may be a good fit for this study if:

- You are 18-75 years of age
- You have been diagnosed with Raynaud's Phenomenon and scleroderma, RA or lupus
- You are able to comply with all study requirements

If you agree to take part in this study, you will:

- Agree to attend 6 study visits over 6 weeks, where you will be exposed to cold temperatures.

- Agree to use the topical formulation during the course of the study.
- Complete a physical examination and health assessments to monitor your health and well-being.
- You will be reimbursed for travel and time.

If you are interested in taking part in this study or would like to know more about it, please contact Dr. Virginia Steen's Office:

Jonathan Smith @ 202-444-6211 or jds293@georgetown.edu or
Maia Cecire @ 202-444-6210 or mz381@georgetown.edu

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Scleroderma Foundation Greater Washington, DC Chapter

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