



## Call for Volunteers - NBC4 Health & Fitness Expo!



**NBC4 Health & Fitness Expo**  
Walter E. Washington Convention Center, Halls B&C  
January 9 & 10, 2016

Happy New Year!

The SFGWDC Chapter is participating again this year at the **NBC4 Health and Fitness Expo on January 9-10, 2016** at the Washington, DC Convention Center, and we need your help! **The Expo Hours are Saturday, 9:00am - 5:00pm and Sunday, 9:00am - 4:00pm.**

We are looking for individuals who can greet Expo attendees at our exhibitor table, provide them with some general information about what is scleroderma, give them brochures and wristbands, list of upcoming Support Group meetings, Save the Date for the May 21st Stepping Out for a Cure 5K Walk/Run, and have them fill out a survey.

Our Executive Director Carole Bernard will be there for both days and provide all of the materials. It would be great to have members and/or caregivers join us for this event, as you have first-hand knowledge of the disease, but we also encourage others affected by the disease to volunteer!

**We need 2 volunteers for each 2 hour shift on January 9th and 10th. If you are interested, please contact Carole Bernard at [cbernard@scleroderma.org](mailto:cbernard@scleroderma.org) or at 571-291-1480 with the shift you want (see below) by Thursday, January 7th.**

### VOLUNTEER SCHEDULE

9am -11am - Sat. AND 9am-11am - Sun. (NEED 2 VOLUNTEERS EACH DAY)  
11am - 1pm - Sat. AND 11am-1pm - Sun. (NEED 2 VOLUNTEERS EACH DAY)  
1pm -3pm - Sat. AND 1pm-3pm - Sun. (NEED 2 VOLUNTEERS EACH DAY)  
3pm - 5pm - Sat. AND 3pm-4pm - Sun. (NEED 2 VOLUNTEERS EACH DAY)

The SFGWDC Table is #1344. Here's a link to the [floor plan](#).

Thank you very much!

Carole Bernard

Executive Director

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**Scleroderma Foundation Greater Washington, DC Chapter**

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