Scleroderma Foundation Michigan Chapter’s Resource Directory for Scleroderma Patients

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(248) 595-8526
www.scleroderma.org/michigan
MIChapter@scleroderma.org

No Known Cause.
No Known CURE.
Together, WE CAN Change That!
It All Begins With You!
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The central purpose of The Scleroderma Foundation is best described through its three-fold mission:

- To provide educational and emotional support to people with scleroderma, caregivers and their families;

- To stimulate and support research designed to identify the cause and cure of scleroderma (and related diseases) as well as improve methods of treatment; and

- To enhance the public’s awareness of this disease

The Michigan Chapter is also here to provide patients with resources as part of our three-fold mission.

The medical information in this manual is provided as an informational resource only, and is not to be used or relied on for any diagnostic or treatment purposes. Please consult your health care provider, or contact a licensed therapist if you have any specific questions regarding your feelings, concerns if you think you are having trouble coping with your scleroderma.

The Scleroderma Foundation expressly disclaims responsibility, and shall have no liability, for any damages, loss, injury, or liability whatsoever suffered as a result of your reliance on the information contained in this manual. The Scleroderma Foundation does not endorse specifically any test, treatment, or procedure mentioned in this manual.
Dr. Lynn Cronin
West MI Heart
Holland, MI   (616) 392-3824

Dr. David Dobies
Grand Blanc, MI  (810) 603-0170

Dr. Valerie V. McLaughlin
U of M Cardiology Clinic
Ann Arbor, MI   (888) 287-1082

Dr. Nancy Mesiha
Cardiology Associates of Michigan
Roseville, MI   (586) 772-3366

Dr. Robert Safian
Academic Heart and Vascular
Royal Oak, MI   (248) 898-4163
Chiropractors

Dr. Carol Dubbs
Dr. Dubbs Chiropractic
Mt. Clemens, MI (586) 468-5381

Dr. Richard Martin
Grand Rapids, MI (616) 459-8088

Dr. Ormsbee
Utica, MI (586) 254-1020

Dr. Matthew Ziesemer
AK Research Center
Holland Kneiseologist
Holland, MI (616) 392-2166
Dental Resources

Dental care is incredibly important for scleroderma patients. Here are some resources for all of your dental needs.

**Academy of General Dentistry**
[www.agd.org](http://www.agd.org)  
(800) 243-3368

**American Academy of Pediatric Dentistry**
[http://www.aapd.org](http://www.aapd.org)  
(512) 442-4262

**American Academy of Periodontology**
[http://www.perio.org](http://www.perio.org)

Christopher Bryant D.D.S.  
Grand Blanc, MI  
(810) 694-9470

John F. Brucia D.D.S.  
Warren, MI  
(586) 558-9510

Jeffrey Daws, DDS PC  
28201 W. Seven Mile Rd.  
Livonia, MI  48152  
(248) 777-7542

Charles Kaminski D.D.S.  
Clinton Twp., MI  
(586) 226-4080

Steve Moss  
Brush Dental  
(734) 744-4144
Dental Resources

Dr. Poupard D.D.S.
Hall Road West of Romeo Plank
Macomb, MI  (586) 226-8100

Richard Reath D.D.S.
Comstock Park, MI  (616) 784-3515

Dr. Schwarz
Periodontist
Center Line, MI  (586) 757-5454

Gerald Stulberg D.D.S.
Bloomfield Hills, MI  (248) 594-8400

Dr. Joel Toupin
Novi, MI  (248) 465-6310

Lisa Zemens D.D.S.
Chesterfield, MI  (586) 949-4630

Dr. Thomas Vokal D.D.S., M.S.
Clinton Twp.
www.rootcanalinfo.com  (586) 286-3390
Dermatologists

Dr. David Baird  
Farmington, MI  
(248) 476-4850

Dr. Maria Carrol  
Traverse City Dermatology  
Traverse City, MI  
(231) 935-8717

Dr. Helen Dombrowski  
Dearborn, MI  
(313) 563-6655

Dr. David Fivenson  
Ann Arbor, MI  
(734) 222-9630

Dr. Michael Frank  
Sterling Heights, MI  
(586) 979-1750

Dr. Kevin Gaffney  
Flint, MI  
(810) 230-0001

Dr. Robert Lamberts  
Grand Rapids, MI  
(616) 949-5600

Dr. Henry Lim  
Detroit, MI  
(313) 926-2151
Endocrinologist Resources

Dr. Josefina Shen
Grand Rapids, MI
(616) 685-3098
Eye Doctors

Dr. Dana Haba
Shelby Eye Care Association
Shelby Township, MI  (586) 739-9550

Dr. Darrin Levin
Retina Consultants of Michigan
Southfield, MI  (248) 356-8610
Warren, MI  (586) 756-3800

Dr. Alan Parent
Cataract & Eye Consultants of MI
Warren, MI  (586)573-4333
Farmington, MI  (248)478-8990

Dr. Siegel
St. Clair Shores, MI  (586) 445-1170
Foot Resources

Dr. Anthony Giordano  
Shelby Foot & Ankle  
Shelby Township, MI  
(586) 580-3728

Dr. Gary Mauro  
Warren, MI  
(586) 979-1060

Dr. Michael Meyers  
Grand Rapids, MI  
(616) 785-8707

Dr. Ann Spriet  
Warren Podiatry  
Warren, MI  
(586) 574-0606

Dr. Anthony Weinert  
Warren, MI  
(586) 751-3338  
Troy, MI  
(248) 362-3338
Dr. Mohammed Barawi  
St. Clair Shores &  
Shelby Township, MI  
(586) 447-0700

Dr. Gregory Cammell  
Byron Center, MI  
(616) 241-6380

Dr. Anil Gupta  
Dearborn, MI  
(313) 343-0304

Dr. Rene Peleman  
Clinton Township, MI  
(586) 263-7150

Dr. Joel Rubenstein  
University of Michigan  
Ann Arbor, MI  
(734) 674-5944

Dr. Sung Yang  
Royal Oak, MI  
(248) 551-0900
Hand Doctor Resources

Dr. William Cullen
Grand Rapids, MI  (616) 459-1907

Dr. Mark Koniuch
Troy, MI  (248) 879-8441

Dr. Kenneth Moquin
Grosse Pointe Farms, MI  (313) 343-6140

Dr. Richard Singer
Dearborn, MI  (313) 561-4910
Warren, MI  (586) 573-6880
Kidney Resources

Dr. Jeffrey Gold
Royal Oak, MI       (248) 288-9340

Dr. Laura Mariani
Ann Arbor, MI      (734) 935-5540
Neurologists

Dr. Amer Aboukasm
Michigan Neurology Institute
Roseville, MI
Shelby Township, MI (586) 771-7440
Other offices: St. John – Detroit on Moross
St. John – Novi on Providence Parkway
One phone number for appointments at all offices

Dr. Bruce Silverman
Novi, MI (248) 735-0502

Dr. James Voci
Saint Clair Shores, MI (248) 474-2220
OB/GYN Care

Dr. Vijaya Gavini
Novi, MI (248) 348-4200

Dr. Ronald Levin
Clinton Township, MI (586) 228-1760

Dr. Nancy Valentini
Grosse Pointe Ob/Gyn
Roseville, MI (586) 779-6222
For scleroderma patients pain can be a part of your daily life. If you are looking for resources to help you manage your pain these resources might provide you with some answers.

**American Chronic Pain Association**
The ACPA  
PO Box 850  
Rocklin, CA 95677  
Phone: 1-800-533-3231  
Fax: (916)632-3208  
Email: ACPA@theacpa.org  
www.theacpa.org

**Pain.com**  
5711 Northwest Parkway  
San Antonio, TX 78246  
(210) 572-2512  
www.pain.com

**Pain Management Web**  
www.painmanagementweb.com  
Articles and information from various specialists can be found on this website. You will need to register in order to view information on this site.

American Pain Foundation  
www.painfoundation.org

Pain Management  
www.painmanagementweb.com

American Pain Society - www.ampainsoc.org
Pediatric Resources

Dr. Matthew Adams  
Children’s Hospital of Detroit  
Rheumatology  
(313) 745-4450
Primary Care Doctors
Internal Medicine

Dr. Mark Armstrong
Sparta, MI (616) 784-3515

Andrew Cykeirt D.O.
Livonia, MI (248) 615-0777

Dr. Walter Gruber
Midland, MI (989) 631-8300

Dr. Jaime Halverson
Standale, MI (616) 685-8650

Dr. Timothy Horrigan
Clinton Township, MI (586) 228-0780

Dr. Laurie Katz
IPC Associates in Internal Medicine
West Bloomfield, MI (248) 406-1000

Dr. Steven McClelland
Clawson, MI (248) 655-1400
Primary Care Doctors
Internal Medicine

Dr. Persenairre
Holland, MI
(616) 738-4262

Dr. Virginia Zacharias
St. John Internal Medicine
Detroit, MI
(313) 343-7280
Dr. John Armstrong  
Lansing, MI  
(517) 364-1000

Alan Atkinson D.O.  
Lansing, MI  
(517) 484-2760

Dr. Hector Cajigas  
Detroit, MI  
(313) 916-2421

Dr. Kevin Chan  
Ann Arbor, MI  
(734) 936-5047

Dr. Dale Coller  
Wyoming, MI  
(616) 241-3500

Dr. Marc Dunn  
Huntington Woods, MI  
(248) 548-2114

Dr. Kevin Grady  
Shelby Township, MI  
(586) 314-0080
Sterling Heights, MI  
(586) 262-5100
Macomb  
(586) 416-5920
Roseville  
(586) 445-5995
Dr. Robert Hyzy
Ann Arbor, MI
(734) 647-9342

Dr. Steven Kraker
Holland, MI
(616) 494-5820

Dr. Matthew Trunsky
Shelby Township, MI
(586) 314-0080
Rheumatologists

Dr. Aloot
Rochester, MI  (248) 650-1505

Dr. Neil Alpern
Warren, MI  (586) 751-7515

Dr. Madhu Arora
Jackson, MI  (517) 780-7224

Dr. Dale Baker
Ypsilanti  (734)712-9955

Dr. Carol Beals
Lansing, MI  (517)321-1525

Dr. Carlos Diola
Saginaw, MI  (989) 791-4652

Dr. James Dowd
Brighton, MI  (810) 225-7553

Dr. Carla Guggenheim
Lansing, MI  (517) 267-0107

Dr. Andrew Head
Grand Rapids, MI  (616) 459-8312

Dr. Charles Huebner
Petoskey, MI  (231) 487-2150
Rheumatologists

Dr. John Howland
Bay City, MI  (989) 892-1231

Dr. Jasmine Joseph
Marquette, MI  (906) 225-3910

Dr. Irene Kazmers
Petoskey, MI  (231) 487-2150

Dr. John Kolstoe
Lansing, MI  (517) 351-9386

Dr. Dinesh Khanna
Ann Arbor  (734) 647-5900

Dr. Michael Lubetsky
West Bloomfield, MI  (248) 879-8441

Algimantas Maciulis
Bay City, MI  (989) 894-6040

Dr. Richard Martin
Grand Rapids, MI  (616) 459-8088
Dr. Michael Mawby  
Traverse City, MI  
(231) 935-0550

Dr. Mary Moore  
Kalamazoo, MI  
(269) 337-4400

Barbara McIntosh  
Grand Blanc, MI  
Lapeer, MI  
(810) 953-8700  
(810) 667-0067

Dr. Martin M. Pevzner  
Bingham Farms, MI  
(248) 646-1965

Dr. Richard Pittsley  
East Lansing, MI  
(517) 351-8881

Dr. Sanjeev Prakash  
Saginaw, MI  
(989) 797-6700

Dr. Parveen Qazi  
Southfield, MI  
(586) 532-9005

Dr. Jonathan Rene  
Saginaw, MI  
(989) 790-8445
Rheumatologists

Dr. Robert Roschmann  
Kalamazoo, MI  
(269) 343-1247

Dr. Delfin Santos  
Rochester Hills, MI  
(248) 852-2277

Dr. Elena Schiopu  
Ann Arbor, MI  
(734) 647-5900

Dr. Robert Shurmur  
Battle Creek, MI  
(269) 979-6333

Dr. Timothy Swartz  
Kalamazoo, MI  
(269) 343-1247

Dr. Dianne Trudell  
Flint, MI  
(810) 230-2400

Dr. Harris Weaver  
Midland-Mt. Pleasant-Clare, MI  
(989) 363-1948 or  
(989) 837-9435

Dr. Joseph Weiss  
Livonia, MI  
(248) 478-7860

Dr. Samir Yahia  
Grosse Pointe Farms, MI  
(313) 343-0304  
Shelby Township, MI  
(586) 739-4328
Wound Care Resources

Dr. Ellen Janetzke
Birmingham, MI (248) 258-5100
Macomb, MI (586) 416-6216
Caring Voice Coalition

Caring Voice Coalition empowers patients who live with a life threatening chronic disease through comprehensive outreach programs and services aimed at financial, emotional and educational support.

With a steadfast dedication to the organization’s set of core values, their knowledgeable, caring staff maintains a solid reputation as a dependable, responsive organization with a unique, holistic approach to improving the lives of patients.

The Caring Coalition supports those patients who have pulmonary hypertension. Pulmonary hypertension is continuous high blood pressure in the pulmonary artery. The average blood pressure in a normal pulmonary artery is about 14 mmHg when the person is resting. In PH, blood pressure is usually greater than 25 mmHg. PH is a serious condition for which there are beneficial treatments, but no cure.

There are two types of PH:

- Primary pulmonary hypertension (PPH)- inherited or occurs for no known reason.
- Secondary pulmonary hypertension (SPH) – caused by or occurs because of another condition, including chronic heart or lung disease, blood clots in the lungs, or a disease like scleroderma.
Patients diagnosed with chronic conditions often face expensive copayments for their prescription medications. The fundamental goal of CVC is that they provide financial assistance in the form of monetary grants to alleviate the burden of these medication costs. In short, allowing patients to start and remain on their drug therapies is what defines Caring Voice Coalition.

Their grants allow patients to afford copayments for expensive prescription therapies, pay the premium for health insurance coverage, and other self-pay responsibilities related to prescription medications or REMS requirements.

Patients seeking the assistance of CVC often have trouble finding affordable insurance plans, or may encounter insurance requirements they are unable to resolve. CVC’s Insurance Specialists investigate, review and explain current benefits to patients. They work with all insurance types – including commercial, government, and exchanges – to resolve issues and assist patients in identifying and exploring sources of new or improved coverage.

Their Therapy Appeals program exists solely for CVC to act as an advocate for patients. If an insurance company denies coverage of a medication, and a patient is unaware of their options, CVC’s Case Managers step in to assist that patient. They coordinate supporting evidence for appeals processes, draft persuasive arguments to the insurance company to appeal the denial, and follow through – essentially, whatever it takes to get the patient’s needed therapy in their hands.
SSDI/SSI

SSDI/SSI programs are supported by several staff attorneys from CVC who assist patients with various stages of the application process. CVC attorneys request patient medical records, assess eligibility to apply for disability benefits, review and analyze complex medical documentation, draft arguments to support the disability claim – anything to further facilitate and mediate communication between patients and various government and health care entities.

Many persons impacted by a chronic illness reach a point where they can no longer work. To help allow for continued income and insurance, Caring Voice developed a Disability Program to help individuals understand the complicated issues involved in proving entitlement for disability benefits. By providing accurate information about Social Security programs and the benefits that you and your family may be eligible for, CVC provides guidance in determining whether applying for disability is right for you.

Partnerships

- Lift Caregiving

Lift Caregiving is dedicated to positively changing the lives of family caregivers by offering them a holistic, content-rich resource that is helpful, actionable and easy to use. Founded in 2010, the company is headquartered in Richmond, VA.
Caring Voice Coalition

Associations

- American Lung Association
- American Association of Cardiovascular and Pulmonary Rehabilitation
- American Association of Respiratory Care

Government Agencies and Programs

- BenefitsCheckUp
- Food & Drug Administration (FDA)
- Medicaid (State Directory)
- Medicare
- National Institutes of Health
- Social Security Administration
- US Department of Labor (COBRA and HIPAA)
- State Pharmacy Assistance Programs (SPAP)

Patient Support Organizations and Information

- Medicare Rights Center
- National Organization for Rare Diseases (NORD)
Caring Voice Coalition

Oxygen Information

- American Medical Sales and Repair, Inc.
- OxygeNation
- National Home Oxygen Patients Association

Transplant Information

- Second Wind Lung Transplant Association, Inc.
- United Network for Organ Sharing
- Transplant Speakers International, Inc.
- National Foundation for Transplants
- HelpHOPELive

If you are interested in learning more about the Caring Voice Coalition you can contact them at:

(888) 267-1440 Toll-Free (Patient Line)
(888) 278-5065 Toll-Free Fax
(804) 427-6468 Main Number

Office Hours: Monday – Thursday: 9:00 am – 7:00 pm
Friday: 9:00 am – 6:00 pm (Eastern Time)

Main Office Address (for regular mail and shipping):
Caring Voice Coalition, Inc.
8249 Meadowbridge Road
Mechanicsville, VA 23116

http://www.caringvoice.org
Emotional Support
Healing for the Mind, Body and Spirit

Michigan Psychological Association (MPA)
Statewide Referral Service
124 W. Allegan St.,
Suite 1900
Lansing, Michigan 48933
Phone: 517.347.1885
Fax: 517.484.4442
http://www.michiganpsychologicalassociation.org

This organization will assist in connecting a consumer to a qualified psychologist in any area of the state of Michigan. There are psychologists with considerable familiarity with rehabilitation issues, caregiver’s issues, adjustments to changes in functional status, coping with a chronic illness, as well as depression and anxiety.
Insurance Information

Michigan Insurance Bureau
www.iiminfo.org

Insurance Institute of Michigan
334 Townsend Street
Lansing, MI 48933
Phone: 517.371.2880
Fax: 517.371.2882
Email: iim@iiminfo.org

The Insurance Institute of Michigan (IIM) is a government affairs and public information association proud to represent more than 90 property/casualty insurance companies’ related organizations operating in Michigan. IIM member companies provide insurance to approximately 75% of the automobile, 65% of the homeowner, 42% of the workers’ compensation and 26% of the medical malpractice markets in Michigan.

IIM’s purpose is to serve the Michigan insurance industry and the insurance consumer as a central focal point for educational, media, legislative and public information on insurance issues. The Association serves as the official spokesperson for the property/casualty insurance industry in Michigan.

IIM was formed in 2003 when the operations of the Michigan Insurance Federation (MIF) and Insurance Information Association of Michigan (IIAM) were consolidated.
As a scleroderma patient the time may come when you make the decision to apply for social security disability. This process can be overwhelming and complicated. **Do not become discouraged** if you are turned down the first time you apply, **REAPPLY** a second time or even a third time! **Do not give up!**

It is important that you follow the appeal process and complete the paperwork in the necessary timeframe.

While it can be frustrating to be turned down, it is important to remember that many people are turned down and then receive benefits once they reapply. Possibly, your paperwork just needs to changed slightly, or with more documentation from your physician, you will see a favorable response.

If you decide you would like assistance with applying for social security benefits or if you have been denied and you have questions, these are resources that can help you.

**Levine, Benjamin Law Firm**  
**Gary Bimberg**  
100 Galleria Officentre, Suite 411  
Southfield, Michigan 48034-8430  
Toll-Free: 888-309-9597  
Fax: 248-352-1312  
[http://www.levinebenjamin.com](http://www.levinebenjamin.com)
Legal Help Resources

The Law Center For Social Security Rights
Clifford Weisberg
21650 West Eleven Mile Road
Suite 202
Southfield, MI  48076
(248) 350-1000
(800) 832-3471
Fax: (248) 350-0504
www.ssrights.com

Disability Advocates of America
http://disability-advocate.com

National Disability Rights Network
900 Second Street, NE, Suite 211
Washington, DC 20002
P: 202-408-9514
F: 202-408-9520
TTY: 220-408-9521
www.ndrn.org

Benefits for People with Disabilities
www.disability.gov/benefits
If you find yourself or a loved one needing legal advice about a workplace issue here are some resources that can assist you.

**Workplace Fairness**
920 U Street NW
Washington D.C. 20001
(202) 683-6114
Fax: (240) 282-8801
[www.workplacefairness.org](http://www.workplacefairness.org)

Workplace Fairness is a non-profit organization that promotes workplace policies and practices. They work with attorneys that have knowledge about employment issues to help their clients receive proper treatment in the workplace.

**Employment Law Information Network**

Resources and guide to workplace polices by state and a referral of attorneys by state. Articles about human resource polices and current hot topics.

Stay current on the laws in the state and how they apply to you and your medical conditions.
If you are looking for an excellent resource for information on everything you need to know about the Medicaid system, these resources will be helpful to you!

**Medicaid.gov**
This include a state wide resource guide center, state plan amendments, technical assistance teams, event and announcements, eligibility and enrollment information, and final rule webinars.

[http://www.medicaid.gov](http://www.medicaid.gov)
Medicare Savings Programs

There are programs that can save over $1,100 in Medicare expenses each year for millions of people who qualify. Many people use the extra money to help pay for living expenses or other bills.

Lots of people have qualified for the programs and are now saving money. But more than half of the people who can get this money never even apply.

How to qualify

You may qualify for help to pay your Medicare expenses if you are elderly or disabled with low income and limited assets.

To get these savings, you must be eligible for or receiving Medicare Part A (also known as hospital insurance). If you are not sure if you are receiving Medicare Part A, look on the front of your red, white and blue Medicare insurance card or call Social Security toll-free at 1-800-772-1213 to ask.

These payments are based on your income and your assets. To qualify, you must have: Monthly income below 135% of the Federal Poverty Level (FPL); Current FPL information can be found at the U.S. Department of Health and Human Services website: http://aspe.hhs.gov/poverty/index.shtml. Assets valued at less than $6,680 for a single person ($10,020 for a married couple).

Current asset limit information can be found at the Medicare website: www.medicare.gov.

Medicare Basics - Help with Medical and Drug Costs.
Medicare Savings Programs

How much can you save?

Depending on your income, assets, and other factors, you could save a lot and still get all the coverage you are eligible for. Here is what you could save: You could save over $1,100 a year on your premium for Medicare Part B medical insurance. The Medicare Savings Program may pay your monthly Medicare premium.

You could save the annual Part B deductible. You could save 20% of approved costs that you would usually have to pay after you reach the annual Part B deductible.

You may be eligible for additional help from Medicare for prescription drug expenses. This determination is made separately by Social Security.

Current Medicare costs and prescription assistance information can be found at http://www.medicare.gov/pdphome.asp.

Applying

It is very important to call if you think you qualify for any of these savings - even if you are not sure. Call your local Department of Human Services (DHS) office.

DHS will send you an application, or it can be found and printed online at www.michigan.gov/dhs. Go to Assistance Programs then Medical Services and then Assistance Application (DHS-1171).

To find out if you qualify, complete the application and return it to your local DHS office. You may apply for these benefits by mail - you do not have to go into the local DHS office.
Medicare Savings Programs

Proof Required

When you apply you have to have proof of the following:

- Your income
- Your assets
- Your identity and citizenship
- Your Medicare eligibility

Examples of income that is counted include:

- Social Security benefits
- Pensions
- Wages
- Interest payments
- Dividends

Assets

Not all assets are counted. The most common assets that are counted include:

- Cash
- Savings and checking accounts
- Certificates of deposits
- U.S. savings bonds

What not to add

When you are adding up your assets, do not include in the calculation:

- A home you live in
- A car-if you only own one
- Burial space
- Personal belongings and household goods
- Life insurance if the face value of all policies is $1,500 or less
Medicare Savings Programs

I qualified, now what?

- You will receive a letter from your local DHS office telling you what benefits you qualify for.
- You may see your monthly Social Security payment increase if Medicaid begins paying for your Medicare premiums.
- If you qualify to have Medicaid pay your Medicare premiums, co-insurance or deductibles, you will receive a mihealth card in the mail.
- It can take four months from the date you are approved before Medicaid begins paying your Medicare premiums and your monthly Social Security payment increase. You will get a refund for premiums you pay during that time.

I want to appeal, how do I do that?

If you want to appeal a decision about whether you qualify, call the State Office of Administrative Hearings and Rules for the Michigan Department of Community Health at (877) 833-0870.

You can also appeal the decision in writing by printing a request form online at www.michigan.gov/mdch. Go to Inside Community, then Health, then Operations Administration, then State Office of Administration Hearings and Rules for the Department of Community Health and then DCH-0092 Request for Hearing section.

For Spanish-(800) 642-3195

For Arabic-(866) 501-5656

Helpline- (800) 642-3195
The Medicine Program
Help When All Else Fails!

The Medicine Program Patient Assistance Program assists those in need of obtaining affordable prescription medicine. This organization is trained to be advocates for you when all other avenues have failed. They can help streamline the complicated process of finding solutions to paying for your medications. While they cannot guarantee they can gain approval for you, they will do their best to find the best solution for you.

What Can This Program Do For You?

The Medicine Program is a pharmaceutical manufacturers sponsored patient assistance program. These types of programs help people who are need of free or reduced rates for their medications. It is difficult to determine what these rates will be since they vary from drug companies. Eligibility requirements will also vary, but age is not typically viewed as a qualifying factor. Level of income can be considered as one of the eligibility requirements as can the level of your current insurance coverage. You will not qualify for this program if you have any third party coverage; this includes a state or federal program that covers medication costs.

Income Range

To range of one’s income can be from the poverty level up to $80,000.00. Other factors that may be considered are:

- Total number of family members in your household
- Total cost of your medical expenses
The Medicine Program
Help When All Else Fails!

Is Everything Free on the Program?

We all like free but unfortunately, not all medication included in this program will be at no cost since only the manufactures of brand name medicine sponsor the program.

Enrollment Process

If you decide that you want to enroll in this program the next step is request an application from your physician’s office or go on-line and complete an application.

If you go on-line they will check your eligibility and process the application. An information packet will then be sent directly to you with instructions for you and your physician to follow. Once the application has been completed, it is then forwarded to the drug manufacturers for review and approval.

If you request an application from your physician you will then complete it and return it to him/her. Your physician and you will be required to sign the application once it has been completed. The application requires you to provide your general information, verify income and lack of insurance. Your physician will provide medical information, prescription information and when necessary an actual prescription. All of this will be mail to the program address. The application is then forwarded to the pharmaceutical company for review and consideration.
The Medicine Program
Help When All Else Fails!

When and Where Do I Get My Medication?

If your application is approved, your medication will be sent directly to you within three to six weeks. Some companies will forward your medication directly to your physician’s office, while others will forward it to your home. You may also receive a voucher that you can take directly to your pharmacy. In the case where you have requested approval for more than one medication on this program, they could arrive at different times. It is typical that a three month supply will be sent.

How Long Can I Participate?

The length that you can participate will vary depending on the program and manufacturer company. Some program will allow only a three month supply, while other will allow you to apply indefinitely. Note that you may need to complete a new application each time so plan ahead and do not wait until you are out of medication to request a refill. Check out the details well in advance so you will be prepared and not find yourself running low on a medication you need every day.

Taking the Next Step

The best way to get information about this program is to call and determine your eligibility. Contacting the program directly can save you time and worry over if you have completed the application process correctly also.

www.themedicineprogram.com
**Michigan Department of Community Health**

**MMAP** is the Michigan Medicare and Medicaid Assistance Program that offers free counseling and education on Medicare and Medicaid benefits. You can contact MMAP toll-free at 1-800-803-7174.

**MISeniors.net** is Michigan’s Office of Services to the Aging website. The website lists support services for the elderly, housing options, information on nutrition and health care providers: www.MISeniors.net.

**The Department of Human Services** - DHS is a State of Michigan agency that provides information on independent living, senior services, adult community placement and medical services. To locate county DHS offices, call 517-373-2035, or select ‘County Offices’ from their website at www.michigan.gov/dhs.

Michigan Agencies offering advocacy and additional information:

- **Michigan Protection and Advocacy Service** advocates for people with disabilities, call toll-free 1-800-288-5923.
- **State Long-Term Care Ombudsman** program advocates for residents of licensed nursing homes, Adult Foster Care, Homes for the Aged, call toll-free 1-866-485-9393.
- **Citizens for Better Care** advocates for long-term care consumers, call toll-free 1-800-833-9548.
- **Legal Hotline for Michigan Seniors** offers free legal advice, call toll-free 1-800-347-5297.
- **MI.LawHelp.org** is an online guide to free and low-cost civil legal services. Select ‘Legal aid directory’ for legal aid offices in Michigan.
**Home and Community-Based Services**

The Michigan Department of Community Health (MDCH) has five programs that offer services to eligible persons in the home: Home Health, Home Help, Physical Disability Services (PDS), Home and Community-Based Waiver for Elderly and Disabled (MI Choice Program) and the Program of All-Inclusive Care for the Elderly (PACE).

**Home Health** provides in-home skilled nursing services and associated personal care from qualified nurses and home health aides.

**Home Help** provides unskilled personal services such as meal preparation, assistance with eating, grooming, laundry, shopping and moving about the home.

**PDS** provides assistance in purchasing durable medical equipment and home modifications not otherwise covered by Medicaid.

**MI Choice Program** provides services such as personal care, transportation, private duty nursing, meal preparation and routine household care to allow an individual to remain in his or her home.

**PACE** provides comprehensive medical and long-term care services to program enrollees who are 55 years of age or older.

**Additional Programs**

**Hospice** offers end-of-life care, usually provided in the home. In some cases care may also be provided in a residential facility such as a nursing home. Support is provided for the family through counseling, and for the individual with skilled nursing services, pain management and personal care.

**Nursing homes** are residences that provide housing, meals, rehabilitative care, skilled nursing services and protective supervision for post-acute and long-term care needs.

For information on any of these programs, contact the regional office of either the Department of Human Services* or Office of Services to the Aging.
Long-Term Care Resources
For information on moving to the community from a nursing home, call:

**Michigan’s State Office of Services to the Aging** at 517-373-8230 to locate your regional AAA. AAAs can help identify local resources for in-home and community support services. AAAs provide services in county or regional areas.

**Centers for Independent Living (CIL)** are regional organizations that provide services to help people with disabilities stay in the community. To find a local CIL call toll-free 1-888-255-2457.

Program Eligibility and Informed Choice
Eligibility for long-term care services is determined by assessing your medical needs and functional abilities, and looking at financial criteria.

MI Choice Program, PACE and nursing homes use Michigan’s Medicaid Nursing Facility Level of Care Determination to identify eligibility. Financial eligibility is determined by your local Department of Human Services* (DHS) office.

If you are determined eligible for services, you will be informed of program options. If you are determined ineligible, you will be informed of other services in your community that may help you, and your right to appeal a determination of ineligibility. Contact your local AAA or community service organization for more information about all program options.
NeedyMeds.org Program

NeedyMeds can assist patients and family members with costs related to your medication and health care. NeedyMeds is a 501(c)(3) non-profit, whose mission is to assist those facing difficulty paying for medications and health care. For updated information about their programs and services go directly to their website: www.needymeds.org

Highlights of the program

- NeedyMeds can be used if you have insurance or do not have insurance which makes it a great option!
- NeedyMeds is easy! There is no registration, no enrollment fees!
- Savings as high as 80%!
- Benefit from some over the counter medications savings!
- Pet owners can possibly find savings from NeedyMeds that you will at the pharmacy!
- Family and friends can share the card and enjoy savings of up to 90%!
- Card is accepted at over 53,000 pharmacies in the U.S.!
- Ask your pharmacist for assistance on which drugs are coverage and how NeedyMeds can assist you best!
- Check out NeedyMeds website for all of their programs and services www.needymeds.org.
- Have your pharmacist call (866) 921-7284 if your favorite pharmacy does not participate with NeedyMeds to sign up.
The National Home Oxygen Patient's Association was established in the late 1990s, devoted exclusively to improving the lives of people across the country who require supplementary oxygen on a regular basis. A prestigious group of physicians and allied health professionals, providers, and manufacturers formed the association when they recognized that despite their own efforts to speak on behalf of their patients and customers, oxygen patients truly needed their own organization.

The association's goals focus on four broad areas:

- **Education**: The Association serves as a clearinghouse of information regarding supplementary oxygen. This includes information regarding day-to-day care, traveling with oxygen, new technologies, current research as well as general information for our user members. An updated handbook entitled, "Understanding Oxygen Therapy," was released in January 2013.

- **Roots Activism**: The Association will, when appropriate, call on its members to contact state and federal policymakers to provide valuable consumer input into the development of health policies that affect patients who require supplementary oxygen. Anticipated, ongoing, and current issues include payment and coverage for home oxygen services, easing restrictions associated with air travel, and funding for continued research associated with home oxygen therapy.

- **Ombudsman**: The Association recognizes that frequently patients have a difficult time communicating with their physician, Medicare, and their provider regarding their care. While the Association's budget precludes intervention on individual matters, the Association will serve as ombudsman when members identify recurring problems related to their care.
Oxygen Nation

National Home Oxygen Patients Association

- **Research**: The Association conducts member surveys related to oxygen therapy, patient access and utilization data. NHOPA supports clinical research that addresses improved health and quality of life, including new technologies as they become available.

**NHOPA Organization**

The Association is managed by a Board of Directors. The majority of Board members are individuals receiving supplementary oxygen. The oxygen user Directors are elected by the membership to serve three year terms. These Directors appoint additional non-voting members to the Board who represent the communities of pulmonary medicine and industry. The appointed Board positions are one year terms and include two physicians, one allied health professional, two oxygen equipment manufacturers, and two oxygen suppliers.

The oxygen user members of the Board also elect an Executive Committee to oversee the day-to-day operations of the Association. The Executive Committee meets every other month, alternating with meetings of the full Board of Directors. These meetings are usually one hour in length, via teleconference.

Voting Membership is limited to oxygen users or a member of their immediate family.
NHOPA Membership

Membership is open to anyone who supports the goals of the Association. Categories of membership include oxygen users, health professionals in the field of oxygen therapy, corporations, and individuals who support the Association goals.

Books

- **Adventures of an Oxy-Phile 2**, Thomas L. Petty, MD, with Robert McCoy, B.S. RRT., FAARC, Louise Nett, RN. And Kay Bowen
- **Breathing Better, Living Well**, Jane M. Martin, BA, CRT (Her Bookstore has many more books to choose from)
- **COPD for Dummies**, Kevin Felner, M.D. and Meg Schneider (available on amazon.com)
- **Enjoying Life With Chronic Obstructive Pulmonary Disease**, Thomas L. Petty, M.D. and Louise M. Nett
- **Essentials of Pulmonary Rehab**, Dr Thomas Petty, Mary Burns, RN and Dr. Brian Tiep
- **Frontline Advice for COPD Patients**, Co-edited by James T. Good, Fr., MD and Thomas Petty, MD
- **From Both Ends of the Stethoscope**, Thomas L. Petty, MD
- **Life and Breath : Preventing, Treating and Reversing Chronic Obstructive Pulmonary Disease**, Dr. Neil Schachter (available on amazon.com)
- **Starting an exercise program**, Mary Burns RN
Oxygen Nation
National Home Oxygen Patients Association

Educational Sites

- Breathing Basics - O2 Saturation and Oximeters
- Breathing Better Living Well.com
- Healthcare 411
- Living with Lung Disease Respiratory Tips
- Mayo Clinic - info on Asthma
- Mayo Clinic - Lung Issues
- Pulmonary Channel
- Pulmonary Hypertension
- Respiratory Health Association of Metropolitan Chicago
- Your Lung Health

Patient and Patient Support Associations

- Competitive Bidding – Home Page
- Access-Able
- Alpha One Foundation
- Caring Voice Coalition
- Coalition for Pulmonary Fibrosis
- COPD-Alert
- COPD Learning Center / Healthline
- EFFORTS
- Gimp on the Go
- Global Initiative for COPD
- Living Better with COPD Support Group
- Pulmonary Education & Research Foundation
Oxygen Nation
National Home Oxygen Patients Association

- Second Wind Transplant Association
- Sleepapnea.org
- Well Spouse Association
- Wellsphere Health Communities

Government Sites

- FAA Approved Portable Oxygen Concentrators - Positive Testing Results
- Final FAA rules regarding oxygen and air travel
- Americans with Disabilities Act
- Aviation Consumer Protection Division
- Department of Transportation
- Federal Register
- Medicare
- Medicare Rights Center
- National Library of Medicine
- National Heart Lung and Blood Institute
- Regulations.gov
- Social Security Administration
- Transportation Security Administration
Rental Assistance
Detroit Rent Assistance Programs

Get help with rent and find programs that provide housing assistance in the Detroit Michigan region. A number of non-profit organizations, agencies, and government assistance programs can provide rental assistance to the low income in Detroit and across Wayne County.

Below you will find information on a multitude of services and resources that can help the low income, elderly, disabled, and unemployed pay their rent and housing expenses in the greater Detroit area. Most of the non-profits and agencies have limited funding available. When possible, these funds will be issued to help pay rent, security deposits, and to help people avoid an eviction and remain in their homes. A number of homeless prevention programs and rapid re-housing services are also offered. Contact one of the Detroit and/or Wayne County agencies below for emergency rent assistance.

**ACCESS** - Information (313) 842-7010 – Provides referrals and information on Detroit housing and rent programs.

**Society Of Saint Vincent De Paul In The Archdiocese Of Detroit**, located at 3000 Gratiot Ave. in the Van Eslander Family Center, may be able to provide short term, limited financial assistance for rent, utility, heating and housing needs for individuals and Wayne County families who are experiencing an unexpected financial crisis. This will be available to those that do not have access to any other options or government programs. (313) 393-2930.

**Michigan Veterans Trust Fund** – Helps veterans and spouses of deceased veterans as well as their children Dial (313) 899-1162

**Saint Vincent De Paul** is a partnership of local churches. The charity serves Detroit and Wayne County Michigan. Call them toll-free 1-877-788-4623. Limited financial assistance for paying rent may be available.

**Legal Aid and Defender Association** offers assistance for low income families facing an eviction. Free advice and/or representation is for those Wayne County residents being evicted from their rental property or apartments. The office is on Abbott Street in Detroit. (877) 964-4700

**Adult Well Being Services** distributes a limited amount of emergency financial aid for a variety of housing and other expenses, even including home repairs or medical needs. In some cases, a loan may be issued to pay rent or a security deposit. (313) 925-1135

**Samaritan Wyandotte Ministerial Association** may have assistance for the low income of Wyandotte Michigan. Dial (734) 285-8450 for information and/or referrals.
Detroit Rent Assistance Programs Continued

Michigan Department Of Human Services Wayne County - Grand River/warren District Office (313) 361-7300 Main. Offers emergency services including rent assistance and other forms of financial aid. A number of state and government assistance programs are offered for the poor, unemployed, and struggling in Wayne County and Detroit Michigan.

Wayne County Salvation Army. Not only do they offer shelter and emergency rent help, but the charity can also distribute food, clothing, and other emergency aid. They have several community centers around the Detroit and Wayne County Michigan. They are listed below.

- Dearborn Heights Community Corps Center. Call (313) 563-4457.
- Brightmoor Corps Community Center - Detroit Michigan based. (313) 532-1281
- Grandale Corps Community Center - Detroit (313) 835-3736
- Harbor Light Corps Community Center - Detroit (313) 964-0577
- Harding Corps Community Center - Detroit (313) 822-2800
- Temple Corps Community Center - Detroit (313) 897-2914
- Plymouth Corps Community Center - Plymouth (734) 453-5464
- Wayne/Westland Community Corps Center - Westland (734) 722-3660
- Downriver Community Corps Center - Wyandotte (734) 282-0930

Wayne County Soldiers & Sailors Relief is another agency that is focused on serving veterans and spouses of deceased veterans. Information can be obtained by dialing (313) 224-8163

Wayne Metropolitan Community Action Agency – They run several different assistance programs. Among them include the Homeless Prevention Program, which provides housing assistance, case management and help to families and Individuals with children who are at risk of becoming homeless. If you apply and are found to eligible, clients can receive short-term support such as assistance with paying their monthly rent, security deposits, utilities or mortgage help.

Programs, application processes and available resources vary by location. Some centers may issue loans for rent and other expenses, such as utilities. That may be their procedure. There are several offices around the region, including.

- **Region II** (Service Area: Dearborn, Dearborn Heights, Garden City, Inkster, Livonia, Northville, Northville Twp, Plymouth, and Plymouth, Twp,) Dial (734) 266-0190
Detroit Rent Assistance Programs Continued

- **Region IV** (The Service Area for this region is Brownstown Twp, Flat Rock, Gibraltar, Grosse Ile, Riverview, Rockwood, Trenton, and Woodhaven) Call (734) 287-2343 for Information.
- **Region V** (Service Area: Allen Park, Ecorse, Lincoln, Park, Melvindale, River Rouge, Southgate, and Wyandotte). Dial (313) 843-2550 for Information.

**Additional Detroit area rental assistance service providers**

**Coalition on Temporary Shelter**
26 Peterboro Street, Detroit, MI 48201
Telephone number - (313) 831-3777

**Wayne County Neighborhood Legal Services**
Address - 455 W. Fort Street, Suite 214, Detroit, Michigan 48226
Phone number - 313-874-5820

**United Community Housing Coalition**
Location address - 220 Bagley, Suite 2224, Detroit, MI 48226
Dial - (313) 963-3310

**Detroit Neighborhood City Halls** – You can contact your local government city hall as well. They can help people find and apply for rent and housing assistance, learn about government programs, and offer services such as landlord-tenant dispute resolution. Some centers have information on transitional and temporary housing as well. The offices, phone numbers, and addresses are listed below.

- **Central District** - Coleman A. Young Municipal Center
  2 Woodward Avenue - Suite 106,
  Phone number of this office: (313) 224-2989
- **Northwest District**
  Address - 19180 Grand River,
  Dial for help or information - (313) 870-0649
- **Northeast District**
  2328 East 7 Mile, Suite #2,
  Office number: (313) 628-2160
Detroit Rent Assistance Programs Continued

- **West District**
  Address of this office is 18100 Meyers, 
  Call (313) 628-2190 for information on housing or rent programs.

- **East District**
  Center address - 7737 Kercheval, 
  Telephone - (313) 628-2170

- **Southwest District**
  Address - 7744 W. Vernor, 
  Phone number - (313) 628-2180

**Detroit Planning and Development Department.** (313) 2249224. This organization runs the Homelessness Prevention and Rapid Re-Housing Program, which can provide grants to pay rent up to 18 months, moving costs, motel and hotel vouchers, and security deposits.

**Community And Home Supports, The Palms Building.** Will pay up to $1500 to help people avoid an eviction or disconnection of their power and to keep people in their homes. Eviction prevention may be available in the form of deferred loan that can be used for paying rent or an energy bill. 2111 Woodward Ave. Suite 608. Detroit, 964-2566

**Health Emergency Lifeline Programs** – HIV/AIDs patients can get help for rent, emergency housing funds, and other financial assistance. 1726 Howard Ave. (313) 832-3300

**Wayne County Veterans Affairs Department** – Veterans and their families, including wives, husbands, widows, widowers, minor children and mothers, may get emergency rent and housing assistance. 28 W Adams Suite 1710. Detroit, Michigan (313) 224-5045

Resources for Scleroderma Patients

Scleroderma Foundation Michigan Chapter (Southfield, MI)
www.scleroderma.org/michigan

Scleroderma Foundation (Danvers, MA)
www.scleroderma.org

International Scleroderma Network
www.sclero.org

University of Michigan Scleroderma Program
http://www.med.umich.edu/scleroderma

National Institute of Arthritis & Musculoskeletal & Skin Diseases (NIAMS)
www.niams.nih.gov

Housing
www.Seniorliving.org

The National Association of Hospital Hospitality Houses, Inc.
http://www.nahhh.org

Families USE-The Voice for Health Care Consumers
http://www.familiesusa.org
Assisted Living

Benefits Checkup
www.benefitscheckup.org

Home Care Services

Long Term Care Information
http://longtermcare.gov

National Respite Care Locator
http://archrespite.org/respitelocator

Nursing Home Comparison

Hospice Care

Hospital Compare
http://www.medicare.gov/hospitalcompare

Programs that Help You Pay for Medical Expenses
http://www.medicare.gov/Publications/Pubs/pdf/11445.pdf
American College of Gastroenterology
www.acg.gi.org/patients

Gastroparesis and Dymotilities Association
www.gpda.net

AboutGerd.org
www.aboutgerd.org

Exercise Programs
Arthritis Foundation
www.arthritis.org/conditions/AltTherapies/default.asp

Michigan Donated Dental Services
www.nfdh.org

Association of Community Psychiatrists
www.comm.psych.pitt.edu

American Academy of Family Physicians
www.aafp.org

American Society of Pain Educators
www.paineducators.org
Resources Continued

American Autoimmune Related Disease Association
www.aarda.org

Clinical Trials for Nationwide Scleroderma Trials
www.clinicaltrials.gov

Raynaud’s Association
www.raynauds.org

Sjogren’s Syndrome Foundation
www.sjogrens.org

Digestive Disease National Coalition
www.ddnc.org

Men’s Health Network
www.menshealthnetwork.org

Pulmonary Hypertension Association
www.phassociation.org

National Organization of Rare Disorders
www.rarediseases.org

Disease Management Association of America
www.dmaa.org

Association for Community Health Improvement
www.communityhlth.org
Service Dog Resources

For some patients with a chronic illness such as scleroderma there may be a need for a service dog. If you need this type of resource, you can contact the following resources for assistance in locating the perfect dog to meet your needs.

Paws with a Cause National Headquarters
4646 S. Division
Wayland, MI 49348
(800) 253-7297

Paws with a Cause Southeastern MI Regional Office
26660 Auburn Rd
Suite 700
Auburn Hills, MI 48326
(248) 844-5656

Sterling Service Dogs
3715 E. 15 Mile Rd
Sterling Heights, MI 48310
(586) 977-9716
info@sterlingservicedogs.org
State Disability Assistance (SDA)

The State Disability Assistance (SDA) program provides cash assistance to disabled adults to help them pay for living expenses such as rent, heat, utilizes clothing, food and personal care items.

A person is disabled for SDA purposes if he:
- receives other specified disability-related benefits or services (e.g., Retirement, Survivors and Disability Insurance (RSDI) or Supplemental Security Income (SSI) due to disability or blindness, etc.), or
- resides in a qualified Special Living Arrangement facility (e.g., Home for the Aged, County Infirmary, Adult Foster Care Home or Substance Abuse Treatment Center), or
- is certified (a review process initiated by the DHS Specialist) as unable to work due to mental or physical disability for at least 90 days from the onset of the disability.

Only a Family Independence Specialist at DHS can accurately determine your family's eligibility for SDA. Ask for details when turning in a completed application at your local DHS county office.

### Disability Determination

You are considered disabled for SDA purposes if you:
- Receive disability-related benefits (such as medicaid based on disability or blindness)
- Reside in a special facility (such as a licensed Adult Foster Care Home); or
- Obtain certification by DHS medical consultants as unable to work due to a mental or physical disability for at least 90 days.

### Asset Limits

The cash asset limit is $3,000. Assets are cash or any property you own. Cash assets include:
- Cash on hand
- Bank and credit union accounts
- Investments
- Retirement plans
- Trusts

### Income

Most earned and unearned income is counted. Income is considered when determining the amount of SDA you are eligible to receive. Examples of countable income are:
- Wages.
- Self-employment earnings.
- Rental income.
- Social Security benefits.
- Veteran's benefits.

### Residency Requirements

The following residency requirements apply:
- Must be a U.S. citizen (or acceptable alien status).
- Must live in Michigan.
- Must not be receiving cash from any other state.
For patients in need of a transplant or learning to live with one, finding helpful information can be a daunting task. To help meet this challenge, UNOS provides an array of resources:

**Patient Services**
UNOS provides transplantation and donation information to patients, family members, friends, potential donors and medical professionals. Information can be requested on topics such as:

- The transplantation and donation process
- Living donation
- Various national, regional, state and center-specific data reports

Many other helpful resources are available:

- **Transplant Living Web site:**
  No matter where you are in the transplant experience, Transplant Living can help you be prepared with helpful information, resources and tools.

- **Patient Brochures:**
  Find free information designed to help patients understand the organ transplant process. You can also request custom patient information packets here.

- **Fact Sheets:**
  Review and print summary presentations of various topics relating to transplantation.
Selected Internet Sites

United Network for Organ Sharing
National Foundation for Transplant

Related Internet Sites

Donate Life America
www.donatelife.net

National Marrow Donor Program
www.marrow.org

American Red Cross (blood and tissue donation)
www.redcross.org

The Organ Procurement and Transplantation Network
Operated by UNOS under contract with HRSA.
http://optn.transplant.hrsa.gov

U.S. Department of Health and Human Services Web site for Organ Donation
www.organdonor.gov

The 2-1-1 database is comprehensive and up to date national database that can be accessed on-line on by calling 2-1-1. You can obtain information on more than 20,000 public, non-profit and faith based health and human service programs. Spearheaded by United Way, this program will help you access services in your area.

2-1-1 NORTHEAST MICHIGAN

211  Call 2-1-1 from service area
(888) 636-4211  Alternative Number
(989) 835-2211  Alternative Number

2-1-1 information and referral service for the following 18 counties in Michigan: Alcona, Alpena, Arenac, Bay, Clare, Crawford, Gladwin, Gratiot, Huron, Isabella, Midland, Montmorency, Oscoda, Otsego, Presque Isle, Roscommon, Saginaw and Tuscola.

C.A.L.L. 2-1-1 COMMUNITY ACCESS LINE OF THE LAKESHORE (MICHIGAN)

211  Call 2-1-1 from service area
(231) 733-1155  Alternative Number
(877) 211-5253  Alternative Number

2-1-1 information and referral service for the following counties in Michigan: Antrim, Benzie, Charlevoix, Emmet, Grand Traverse, Kalkaska, Lake, Leelanau, Manistee, Mason, Mecosta, Missaukee, Muskegon, Newaygo, Oceana, Osceola, Ottawa, and Wexford.

CENTRAL MICHIGAN 2-1-1

211  Call 2-1-1 from service area
(866) 561-2500  Alternative Number
(517) 789-2492  TTY
2-1-1 information and referral service for the following counties in Michigan: Clinton, Eaton, Genesee, Hillsdale, Ingham, Jackson, Lenawee, Livingston and Shiawassee.

**GRYPHON PLACE 2-1-1 SWMI (MICHIGAN)**

211 Call 2-1-1 from service area  
(800) 310-5454 Alternative Number

2-1-1 information and referral service and crisis intervention for the following counties in Michigan: Allegan, Berrien, Cass, and Van Buren.

**GRYPHON PLACE 2-1-1/HL (MICHIGAN)**

211 Call 2-1-1 from service area  
(269) 381-4357 Alternative Number  
(800) 563-5432 Alternative Number

2-1-1 information and referral service and crisis intervention for the following counties in Michigan: Kalamazoo.

**HANDSON BATTLE CREEK 2-1-1 (MICHIGAN)**

211 Call 2-1-1 from service area  
(269) 565-4159 Alternative Number  
(800) 250-5628 Alternative Number

2-1-1 information and referral service for the following counties in Michigan: Barry, Branch, Calhoun, Ionia, Montcalm and St. Joseph.
HEART OF WEST MICHIGAN UNITED WAY’S 2-1-1 (MICHIGAN)

211  Call 2-1-1 from service area
(800) 887-1107  Alternative Number

2-1-1 information and referral service for the following counties in Michigan: Kent.

UNITED WAY FOR SOUTHEASTERN MICHIGAN 2-1-1

(888) 299-7380  TTY
(800) 552-1183  Alternative Number
211  Call 2-1-1 from service area

2-1-1 information and referral service for the following counties in Michigan: Lapeer, Macomb, Monroe, Oakland, Washtenaw and Wayne.

UPCAP 2-1-1 (MICHIGAN)

211  Call 2-1-1 from service area
(800) 338-1119  Alternative Number
(906) 786-4701  Alternative Number

2-1-1 information and referral service, and Area Agency on Aging for the following counties in Michigan: Alger, Baraga, Chippewa, Delta, Dickinson, Gogebic, Houghton, Iron, Keweenaw, Luce, Mackinac, Marquette, Menominee, Ontonagon, and Schoolcraft.

Learn more about 2-1-1 by visiting [www.211us.org](http://www.211us.org)