

Do You Have What It Takes To Be An Effective Support Group Leader?

The Answer Is Undeniably
YES!



You have many inherent qualities and skills to offer your group, not the least of which are common sense and intuition. Reviewing the fundamentals of leading a support group is a good way to validate what you already know, as well as remind you of areas you'd like to work on.

Role as a leader:

- To arrange meeting times and places
- To make sure the meeting place is appropriate for a successful meeting
- To act as a role model, through your own honesty and self-disclosure
- To enforce guidelines and encourage appropriate participant conduct
- To create an environment that encourages sharing and acceptance
- To work with your local Chapter or National office
- To act as a representative of the Scleroderma Foundation Michigan Chapter

What a leader is not:

- Required to pay for all activities and/or refreshments
- Supposed to take the place of a health professional
- Supposed to discourage member from seeking other means of support
- Solely responsible for the success of the group
- Required to raise funds*

If you are interested in starting a support group in your area please contact the SFMC at (248) 595-8526 or e-mail MIchapter@scleroderma.org