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SCLERODERMA FOUNDATION

SUPPORT • EDUCATION • RESEARCH

eLetter #617 | July 31, 2015

Congress Needs to Hear From You!



We all care about scleroderma research, and the U.S. government is the largest funder of research through the National Institutes of Health (NIH). But NIH funding of scleroderma research lags behind other diseases that have similar size patient populations. **Your voice is critical in advocating for scleroderma research.** Click on the link to the Foundation's Advocacy Page, below, and reach out to your Congressperson in the House of Representatives. Ask him or her to become an initial sponsor of The Scleroderma and Fibrosis Research Enhancement Act. We recently asked Foundation members to reach out to members of the Senate, which you did in large numbers. Thank you! **Now we need your help to**

carry our message to the House of Representatives. You can learn more about our bill and send a message to your member of Congress right from the Foundation's Advocacy Webpage.

[Act now! Tell lawmakers that scleroderma research is important to you!](#)

Temporomandibular Joint Disorder Common Among Patients with Systemic Sclerosis

Temporomandibular joint disorder was common among patients with systemic sclerosis and was found to be correlated with disease severity, according to results of a study.

Researchers enrolled 27 patients with systemic sclerosis (SSc), including 12 with diffuse SSc and 15 with limited SSc. Patients with SSc were more likely to present with clinical and MRI-confirmed temporomandibular joint dysfunction and symptoms than the control group. The distribution

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of symptoms also varied from the control group in patients with SSc, who were more likely to have audible sounds and pain on movement and more difficulty with opening the mouth to the maximum

extent.

[Read the entire release at Healio.com >>](#)

ADA Requirements for Wheelchairs, Mobility Aids, and Other Power-Driven Mobility Devices



People with disabilities that affect mobility use many kinds of devices for assistance. Some use walkers, canes, crutches, or braces, others may use manual or power wheelchairs or electric scooters. This publication is designed to help State and local governments, businesses, and non-profit organizations that serve the public understand how the new rules for mobility devices apply to them.

[Download the publication at ADA.gov >>](#)

10 Office Ergonomics Tips to Help You Avoid Fatigue



Ergonomics is the science of designing the workstation to fit within the capabilities and limitations of the worker. The goal of office ergonomics is to design your office work station so that it fits you and allows for a comfortable working environment for maximum productivity and efficiency.

An ergonomically correct office work station will help you avoid fatigue and discomfort. Following a few simple guidelines can help you significantly improve your office work station.

[Read the entire article at Ergo-Plus.com >>](#)

Disclaimer: The Scleroderma Foundation in no way endorses any drugs, treatments, clinical trials, or studies reported in the eLetter. Information is provided to keep the readers informed. Because the manifestations and severity of scleroderma vary among individuals, personalized medical management is essential. Therefore, it is strongly recommended that all drugs and

treatments be discussed with the reader's physician(s) for proper evaluation and treatment.



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