2015 Program Book and Conference Schedule Now Available Online

The 2015 Scleroderma Foundation National Patient Education Conference is only two weeks away! We're looking forward to this year's Conference in Nashville, TN, and we hope you are too. This year our Conference will hold 67 workshops, of which 48 are being offered for the first time.

The Conference program book and daily schedules - both for the general and juvenile workshops - are now available to view online. Plan your Conference weekend ahead of time!

View the Conference program book and daily schedules >>

Register online for the Conference >>

Federal Funding for Arthritis, Rheumatic Disease Research Dropping

Federal funding given to researchers who study arthritis and other rheumatic diseases has dropped significantly over the past five years, according to a report from the Rheumatology Research Foundation. As federal funding has dropped, private organizations are working to fill the gap.

At the same time the Rheumatology Research Foundation unveiled a first look at its report on funding for arthritis and rheumatic disease research, leaders from a variety of groups with strong interests in the topic gathered in San Diego. The first-ever Partners in Rheumatology: Leadership Summit was held
June 25 and 26 and brought together representatives from 15 private organizations and federal institutes. They discussed ways to collaborate in their efforts to fill the growing gap in federal funding and encourage lawmakers to support rheumatology research through the National Institutes of Health.

[Read the entire article at the Rheumatology Research Foundation website >>]

**Knowledge of Scleroderma May Help Dentists Treat Patients More Effectively**

A survey of dentists in Massachusetts suggests that their confidence in treating patients with scleroderma may be related to their familiarity with the autoimmune disease. Dentists who reported feeling knowledgeable about scleroderma felt more prepared to provide care to patients with scleroderma, when compared to peers who did not feel as knowledgeable. Providing education to dentists may improve patient satisfaction and access to care, while simultaneously increasing dentists’ knowledge and comfort.

An unpublished national survey of 350 scleroderma patients in 2011 by students and faculty at Tufts University School of Dental Medicine found that people with scleroderma have difficulty obtaining professional oral health care. Patients with scleroderma often have difficulty stretching their mouths open, making it difficult to receive care and for dentists and dental hygienists to provide care. This may contribute to the higher risk of oral diseases among dental patients who have scleroderma.

[Read more at Medical Xpress >>]

**Foods and Medications That Don't Mix**

According to a study done by researchers at Kansas State University, failing to read the warning labels on prescriptions is a mistake many people over 50 make. Not knowing what foods and drinks to skip while on prescription drugs can cause serious side effects or lower the effectiveness of your medications.

To stay safe, make sure ask your doctor about side effects of your prescription. You can also talk to your pharmacist to learn the ins and outs of your prescription and what foods and beverages to avoid while you’re on it. In the meantime, you can check out this list of foods and how they react with different medications.

[Read more at Grandparents.com >>]

**Disclaimer:** The Scleroderma Foundation in no way endorses any drugs, treatments, clinical trials, or studies reported in the eLetter. Information is provided to keep the readers informed. Because the manifestations and severity of scleroderma vary among individuals, personalized medical management is essential. Therefore, it is strongly recommended that all drugs and treatments be discussed with the reader's physician(s) for proper evaluation and treatment.