

[View this message on our website.](#)

[Homepage](#) | [Forward to a Friend](#) | [Make a Donation](#)

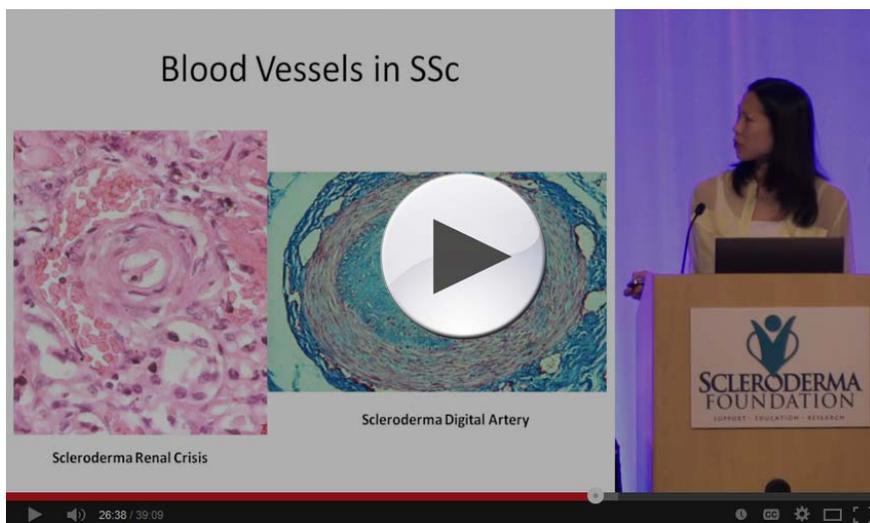


# SCLERODERMA FOUNDATION

SUPPORT • EDUCATION • RESEARCH

eLetter #580 | November 14, 2014

## Video: Pregnancy Issues in Scleroderma



In this session, Dr. Lorinda Chung discusses the current knowledge regarding pregnancy issues in scleroderma including fertility, pregnancy course, and maternal outcomes. She also discusses managing scleroderma symptoms during pregnancy.

[Watch the video on YouTube >>](#)

[Go to the Scleroderma Foundation's YouTube channel to view more Conference videos >>](#)

**Stay tuned to the weekly eLetter as we share more videos from this year's Conference!**

## Gender Gap in Heart Dysfunctions in Systemic Sclerosis

Much like other autoimmune diseases,

**Donate**

**Quick Links**

[Advocacy](#)

[Contact Us](#)

[Become a Member](#)

[About Scleroderma](#)

[Online Chat](#)

[Store](#)

[Home](#)





the diagnostic rates of systemic sclerosis (SSc) demonstrate a strong gender bias. The EULAR Scleroderma Trials and Research (EUSTAR) cohort conducted the study titled, "A gender gap in primary and secondary heart dysfunctions in systemic sclerosis" to determine how gender effects cardiovascular

involvement in SSc. The study concluded that although more common in women, SSc appears as strikingly more severe in men.

[Read the abstract in the "Annals of Rheumatic Diseases," The Eular Journal >>](#)

## How Pharmacists Can Help Consumers Use Medicines Safely



Whether at your local pharmacy or the Food and Drug Administration, pharmacists help patients achieve the best outcome when taking drugs. Pharmacists can inform people about how to take their medicine properly and other important information. This FDA guide covers what your pharmacist should know and how they can help you.

[Read the guide at FDA.gov >>](#)

## Manage Stress



Learning to manage stress and relax is not easy with today's busy lifestyle, but it is important in order to maintain physical wellness. The American Lung Association offers these tips for managing your stress levels and living a low-stress life.

[Read the article at Lung.org >>](#)

**Disclaimer:** The Scleroderma Foundation in no way endorses any drugs, treatments, clinical trials, or studies reported in the eLetter. Information is provided to keep the readers informed. Because the manifestations and severity of scleroderma vary among individuals, personalized medical management is essential. Therefore, it is strongly recommended that all drugs and treatments be discussed with the reader's physician(s) for proper evaluation and treatment.



Silver Conference Sponsor



POWERED BY  
blackbaud

[Unsubscribe](#) | [Visit our web site](#) | [Contact Us](#) | [Donate](#)  
300 Rosewood Drive, Suite 105, Danvers, MA 01923 tel: 800-722-HOPE (4673)  
© 2014 All rights reserved.