Making a Splash by Stepping Out

Walk season is over for 2014, but as we put another year in the history books, we take a moment to thank each and every one of you. Since June is scleroderma awareness month, it is only right for it to be a month of celebration, remembrance and hope. Our walks are more than stroll in the park (or mall). For many, there is a chance to reacquaint with friends, a moment to celebrate life, and a time to be encouraged by those who have been touched by scleroderma.

This year the hard work of our volunteers and dedication of participants, made it possible to have 12 walks throughout the Tri-State area. Together, 3,100 walkers alongside several hundred volunteers Stepped Out in a very public manner to further our mission. Thanks to these efforts we raised over $400,000 as well as secured news coverage and created lots of opportunities to tell others our scleroderma story.

The work of Tri-State volunteers also encouraged businesses to support our cause in a generous way through services and food and raffle items for all of our events in addition to more than $65,000 in cash donations. We are extremely grateful for all of these donations, and diamond sponsor Bethpage Federal Credit Union; our three platinum sponsors Actelion Pharmaceuticals, Crane Foundation and Valentine Fenti; and our gold sponsor AriZona Beverages took us to higher levels. Thank you to the volunteers that reached out to these businesses and thank you to the sponsoring businesses and foundations for caring.

Each walk season is special for everyone involved. It is a lot of hard work and dedication for all those involved and comes together for a good cause, offering hope for everyone. The goal was to offering a meaningful experience for all who attended while raising awareness and funds. We hope that with this issue of the Scleroderma Exchange, you have a chance to smile and relive a walk day that was special for your reasons.

Please know that your graciousness, kindness and incredible efforts are a light to so many. Thank you for your dedication, passion, care, time and support. Working together we make a difference.
The many hands that make Stepping Out possible

Our 12 Stepping Out in Care Scleroderma events are the cornerstone to making the Tri-State Chapter what it is. Not just because it is our major fundraiser, it is because of the many hands and faces we see each year come out and make our walk events happen. Every location has its own flair, its own way of doing things, and together they make the month of June a month for celebration.

From our primary volunteers that secure locations, vendors and permits down to every eager hand that is there early in the morning to tie balloons, haul ice, set up tents and take care of registrations, we thank you for every minute of your time. Together we make a walk happen and a positive difference in the lives of many.

Your ongoing contribution through payroll deduction will make a difference in the lives of many. Encourage your coworkers to take advantage of this easy opportunity to help overcome this terrible disease. A few dollars a week over the course of the year really adds up and helps to make research, patient support and awareness efforts possible.

In style, our annual Scleroderma Research Forum will feature two very special researchers from Texas as our keynote speakers. They will encourage attendees to improve their overall health by journaling, meditation, proper nutrition and more. Then, on sound off the year in style, our annual Scleroderma Research Forum will feature two very special researchers from Texas as our guests! Please take advantage of these opportunities to become an empowered patient, family member or caregiver and sign up today on our website!
Binghamton
June 1, 2014
Otsiningo Park, Binghamton, NY
Amount Raised: $39,000
Walkers: 290
Primary Volunteers: Melanie Bocchini, John & Pam Munnin
Person raising the most money: Michelle Muschla
Team raising the most money: Michelle Muschla
Team with the most members: Connie’s Crew-Saders

Buffalo
June 1, 2014
Eastern Hills Mall, Williamsville, NY
Amount Raised: $15,500
Walkers: 159
Primary Volunteers: Judy & Tom Fazio, Kathy Leutz
Person raising the most money: Noreen & Arthur Stoll
Team raising the most money: Kathy’s Krew
Team with the most members: Kathy’s Krew

Hartford
June 14, 2014
Blue Rock Square, West Hartford, CT
Amount Raised: $29,700
Walkers: 389
Primary Volunteers: Cheryl Alphonse, Luke Alphonse, Christine Cassidy, Karen Legault, Ruth Belser
Person raising the most money: Dioneem Pattodott, Tanya
Team with the most members: Quips & Benda’s Butterflies

Long Island
June 1, 2014
Westfield Park, Wantagh, NY
Amount Raised: $58,700
Walkers: 433
Primary Volunteers: Barbara Gehrer, Dina Selg, Depasqua
Person raising the most money: Barbara Muschla
Team raising the most money: Barbara Muschla
Team with the most members: Team Val Rain Drop

Manhattan
June 15, 2014
RSF Park, New York, NY
Amount Raised: $10,100
Walkers: 314
Primary Volunteers: Olga Casarella, Bruce Cowan, Lindsay Cowan
Person raising the most money: Stacy Ban
Team raising the most money: Sattyn & Her Angels
Team with the most members: Art & Hooper’s

New York
June 1, 2014
Central Park, New York City
Amount Raised: $11,800
Walkers: 305
Primary Volunteers: Nancy J. Dunlop, Carol & Mark Porcino
Person raising the most money: Mary Contadino
Team raising the most money: Mary Contadino
Team with the most members: Team Miki's Angels

Plattsburgh
June 8, 2014
Beekmantown Lake Park, Plattsburgh, NY
Amount Raised: $13,091
Walkers: 133
Primary Volunteers: Rob Hulsey, John & Pam Mnunin
Person raising the most money: Ailene Waters
Team raising the most money: Steven Steinam
Team with the most members: John & Pam Munin

Rochester
June 7, 2014
Seneca Park, Rochester, NY
Amount Raised: $17,900
Walkers: 264
Primary Volunteers: Rosa Johnson, Edith Dinzle
Person raising the most money: Val Ferri
Team raising the most money: The Hale Raisers
Team with the most members: Forever Friends

Syracuse
June 8, 2014
Onondaga Lake Park, Liverpool, NY
Amount Raised: $11,000
Walkers: 160
Primary Volunteers: Kara Peck, Nancy Cumpston, Suzanne & Gary Croft
Person raising the most money: Linda Jackson
Team raising the most money: Nancy’s Nomads
Team with the most members: Team Nina

Albany
June 1, 2014
Crossgates Mall, Albany, NY
Amount Raised: $42,200
Walkers: 262
Primary Volunteers: Lori Freydy & June Binder
Person raising the most money: Nancy Gold
Team raising the most money: Nancy ‘s team
Team with the most members: Nancy jean’s Team

Corning
June 6, 2014
Chase Park, Corning, NY
Amount Raised: $31,400
Walkers: 221
Primary Volunteers: Jennifer DeBard, Lorraine Gaffney, Karon Dufur
Person raising the most money: Nancy W. McIvor
Team raising the most money: Nancy W. McIvor
Team with the most members: Team Miki’s Angels

Dutchess
June 14, 2014
Indian Ridge, Poughkeepsie, NY
Amount Raised: $24,500
Walkers: 180
Primary Volunteers: John & Pam Munin
Person raising the most money: Mitchelファン
Team raising the most money: Mitchelファン
Team with the most members: Mitchelファン

Manhattan
June 15, 2014
RSF Park, New York, NY
Amount Raised: $10,100
Walkers: 314
Primary Volunteers: Olga Casarella, Bruce Cowan, Lindsay Cowan
Person raising the most money: Stacy Ban
Team raising the most money: Sattyn & Her Angels
Team with the most members: Art & Hooper’s

New York
June 1, 2014
Central Park, New York City
Amount Raised: $11,800
Walkers: 305
Primary Volunteers: Rob Hulsey, John & Pam Mnunin
Person raising the most money: Ailene Waters
Team raising the most money: Steven Steinam
Team with the most members: John & Pam Munin

Plattsburgh
June 8, 2014
Beekmantown Lake Park, Plattsburgh, NY
Amount Raised: $13,091
Walkers: 133
Primary Volunteers: Rob Hulsey, John & Pam Mnunin
Person raising the most money: Ailene Waters
Team raising the most money: Steven Steinam
Team with the most members: John & Pam Munin

Rochester
June 7, 2014
Seneca Park, Rochester, NY
Amount Raised: $17,900
Walkers: 264
Primary Volunteers: Rosa Johnson, Edith Dinzle
Person raising the most money: Val Ferri
Team raising the most money: The Hale Raisers
Team with the most members: Forever Friends

Syracuse
June 8, 2014
Onondaga Lake Park, Liverpool, NY
Amount Raised: $11,000
Walkers: 160
Primary Volunteers: Kara Peck, Nancy Cumpston, Suzanne & Gary Croft
Person raising the most money: Linda Jackson
Team raising the most money: Nancy’s Nomads
Team with the most members: Team Nina
Tri-State’s 2014 Stepping Out to Cure Scleroderma events were a time to celebrate, to remember, to support and to gather for lots of reasons. The walks were a success because of the outstanding efforts of local volunteers and participants and the support of local donors. Thank you for your efforts, for your energy and most of all for the hope you shared. Together we made a difference. Together we will continue to make a difference; we are much stronger when we work together.
Let us help you turn your event into a successful fundraiser!

Though the use of our online fundraising software HopeRaiser, raising money for the Tri-State Chapter has gotten easier. HopeRaiser makes it simple for you to set up a donation page, manage your contacts, and share with friends and family near and far. Contributions are sent directly to Tri-State, and donation acknowledgements are automatic. You can make a difference without a lot of extra work.

For more information on how to start your HopeRaiser today, please visit scleroderma.org and click on "Get Involved", or call us at 800-867-0885.

The Scleroderma Foundation in no way endorses any of the drugs or treatments in this newsletter; the information is provided to keep its readers informed. Because the manifestations and severity of scleroderma vary, individualized medical management is essential. Therefore, it is strongly recommended that all drugs and treatments be discussed with the reader’s physician(s) to assure proper evaluation and treatment.

Scleroderma Awareness Items
All prices include shipping

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
<th>Qty</th>
</tr>
</thead>
<tbody>
<tr>
<td>Retractable Umbrella</td>
<td>$8.00</td>
<td></td>
</tr>
<tr>
<td>Walk Shirt 2014</td>
<td>$7.00</td>
<td></td>
</tr>
<tr>
<td>Adult: S - XXL</td>
<td>(3 for $15.00)</td>
<td></td>
</tr>
<tr>
<td>Child: 2-16</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Awareness Magnet</td>
<td>$4.00</td>
<td></td>
</tr>
<tr>
<td>Baseball Cap</td>
<td>$10.00</td>
<td></td>
</tr>
</tbody>
</table>

Send checks payable:  SF Tri-State
Scleroderma Foundation/Tri-State, Inc. Chapter,
59 Front Street,
Binghamton, New York  13905
If paying by credit card mail to the above address or FAX form to (607) 723-2039

Name ____________________________
Address: ____________________________________________________________________________________________
Phone: _____________________________
Email: _____________________________
Visa Master Card Am Ex Discover
Credit Card #:_______________________
_______________________
Exp. Date:_____/_____/_____
Security Code_______________________
Signature:_________________________

Retractable Umbrella
$8.00 each
Qty_______

Walk Shirt 2014
$7.00 each
(3 for $15.00)
Adult: S - XXL
Child: 2-16
Qty___ Size(s)___

Awareness Magnet
$4.00 each
Qty ______

Baseball Cap
$10.00 each
Qty ______

www.youtube.com/SFTriState
http://twitter.com/sclerodermaTS
www.flickr.com/sftristate