

Subject: Only Two Weeks Left to Get Early Bird Registration Rates for the National Conference!

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# SCLERODERMA FOUNDATION

SUPPORT • EDUCATION • RESEARCH

eLetter #605 | May 1, 2015

## Only Two Weeks Left to Get Early Bird Registration Rates for the National Conference!



Early bird registration rates for the Scleroderma Foundation's 17th annual National Patient Education Conference close in just two weeks! The early bird rate is good through Friday, May 15, 2015, 5:00 p.m. Eastern.

The early bird registration cost to attend the conference is:

- Scleroderma Foundation members: \$200
  - Non-members: \$250
  - Meals only attendee: \$135
  - Child or teen attendee (17 or younger): \$50
- (Note: If you are unsure of your membership status, please call the Foundation at (800) 722-4673.)

Registration rates will go up after 5:00 p.m. on May 15, so make sure you register early and save some money!

**Hotel Sell Out:** We are pleased that there is an overwhelming response to this year's conference. This response has been so great that we are in a sell-out situation with our host hotel, the Sheraton Music City. Please visit our website at [www.scleroderma.org/conferencehotel](http://www.scleroderma.org/conferencehotel) for other hotel options.

Also, please be sure to register for the conference early as we could sell out for attendance as well.

[Register for the conference online >>](#)

[Download a printable registration form >>](#)

Our one-of-a-kind patient education event will be held July 17-19, 2015, in Nashville, Tennessee. [Visit the Conference website](#) to get travel info, read about the workshops, and see what there is to do around Nashville!

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## Do You Have Scleroderma?



Are you interested in helping advance research on scleroderma support groups? If so, please lend a hand by completing a short 10-15 minute survey!

The Scleroderma Foundation has teamed up with the Scleroderma Society of Canada, the Scleroderma Society of Ontario, and researchers from McGill University in Montreal and San Diego State University in California, to learn more about

the experiences of support group facilitators, support group members, and people who choose not to attend scleroderma support groups. Your anonymous answers to the survey questions will provide a greater understanding of the important training and support needs of group leaders, as well as the reasons why people with scleroderma either attend or do not attend support groups.

If you have a few minutes to spare and are able to help with this exciting research project, [please click here to take the survey.](#)

If you have any additional questions or concerns about the survey, please contact members of our research team listed below:

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## About Sjögren Syndrome



Sjögren syndrome is an inflammatory disease that can affect many different parts of the body, but most often affects the tear and saliva glands. Patients with this condition may notice irritation, a gritty feeling, or painful burning in the eyes. Dry mouth (or difficulty eating dry

foods) and swelling of the glands around the face and neck are also common. The National Institute of Dental and Craniofacial Research (NIDCR) has collected many valuable resources to help educate patients about sjögren syndrome at their website.

[Learn more about Sjögren syndrome at the NIDCR >>](#)

## Consejos Sobre la Artritis (Arthritis Advice Pamphlet in Spanish)



Finding reliable information about arthritis in Spanish can be difficult. That's why the National Institute on Aging at NIH offers the FREE fact sheet: *Consejos sobre la artritis (Arthritis Advice)*.

Order this publication and share it with others! It's free and available in bulk on the National Institute of Aging website or

by calling the information center at 1-800-222-2225 (Spanish-speaking information specialists are ready to help). Together we can get this information to those in need.

[Order your copy of Consejos Sobre la Artritis \(Arthritis Advice\) at the National Institute of Aging >>](#)

## Pulmonary Hypertension Association Marks World PH Day on May 5



On May 5, people living with pulmonary hypertension (PH) and their loved ones will ask their social media friends around the world to join their fight against a life-threatening disease too often dismissed as asthma.

May 5 is World Pulmonary Hypertension Day and the [Pulmonary Hypertension Association](#) (PHA), a leader in the global PH community, will take part in a global effort to educate people about PH, or high blood pressure of the lungs. PH is an increase in blood pressure in the arteries of the lungs that can lead to right heart failure. However, with symptoms that include shortness of breath, chest pain and fainting, the disease can appear at first glance to be asthma or other less threatening illnesses.

Learn more about World PH Day at <http://www.phassociation.org/>

**Disclaimer:** The Scleroderma Foundation in no way endorses any drugs, treatments, clinical trials, or studies reported in the eLetter. Information is provided to keep the readers informed. Because the manifestations and severity of scleroderma vary among individuals, personalized medical management is essential. Therefore, it is strongly recommended that all drugs and treatments be discussed with the reader's physician(s) for proper evaluation and treatment.

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