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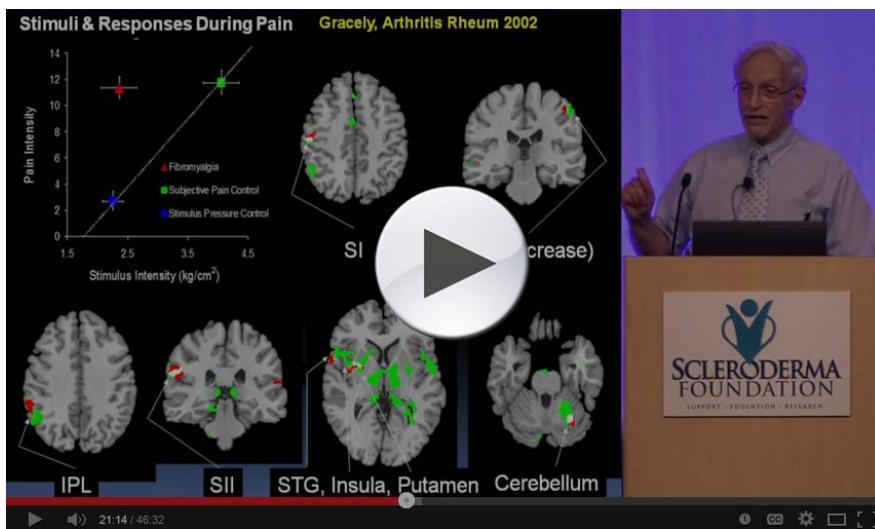


# SCLERODERMA FOUNDATION

SUPPORT • EDUCATION • RESEARCH

eLetter #576 | October 17, 2014

## Video: The Causes and Treatment of Pain in Scleroderma with Dr. Daniel Furst



Pain is a persistent and difficult problem in scleroderma, affecting function in multiple ways. In this week's 2014 Conference video, Dr. Daniel Furst of UCLA presents this workshop to examine the many ways pain arises and how it can affect from muscles, tendons, joints, internal organs and the brain. Dr. Furst illustrates how treatments for chronic pain are as varied as the causes, and he approaches some of the ways to deal with living with scleroderma using traditional medicinal and alternative therapies.

[Watch the video on YouTube >>](#)

[Go to the Scleroderma Foundation's YouTube channel to view more Conference videos >>](#)

**Stay tuned to the weekly eLetter as we share more videos from this year's Conference!**

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## Queen Latifah Speaks Out About Her Mother, Caregiving, and Scleroderma



Photo courtesy: The Queen Latifah Show/People Magazine

In the latest issue of *WebMD magazine*, Queen Latifah talks about balancing her work on *The Queen Latifah Show* with caretaking for mother, Rita Owens, who was diagnosed with scleroderma in 2013.

[Read the article at WebMD.com >>](#)

Members of the Scleroderma

Foundation's Southern California Chapter attended tapings of Queen Latifah's daytime talk show on Oct. 15 and 16. "We had the great privilege of attending *The Queen Latifah Show*...

Though we weren't actually on the show, we were given VIP seating in the second row. During one of the breaks, Queen Latifah came over to meet us! She was so kind, sweet and genuine," said Kelly Davidson, the chapter's executive director on Facebook. The shows (featuring actors Zoe Saldana, "Star Trek"; and Christopher Meloni, "Law and Order: SVU") will air later this month. *Photo provided by Catherine Baca.*



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## Extra Help With Medicare Prescription Drug Plan Costs



Do you need extra help with your Medicare drug costs? The Medicare Prescription Drug program offers a choice of prescription plans that provide various types of coverage. You may be eligible for extra help to pay for the monthly premiums, annual deductibles, and co-payments related to the Medicare Prescription Drug program.

[Learn more at the U.S. Social Security website >>](#)

## Don't Let Hidden Gluten Haunt You This Halloween

Halloween candy is already lining store shelves, but people who have Celiac disease or gluten intolerance may have difficulty navigating which types of candy may be dangerous for them to consume.



This article from MenuTrinfo examines which candies contain hidden gluten and help keep you safe this Halloween.

[Read the article at MenuTrinfo.com >>](#)

**Disclaimer:** *The Scleroderma Foundation in no way endorses any drugs, treatments, clinical trials, or studies reported in the eLetter. Information is provided to keep the readers informed. Because the manifestations and severity of scleroderma vary among individuals, personalized medical management is essential. Therefore, it is strongly recommended that all drugs and treatments be discussed with the reader's physician(s) for proper evaluation and treatment.*

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