

**Subject:** Deadline for Early Bird Registration to the National Conference is May 1

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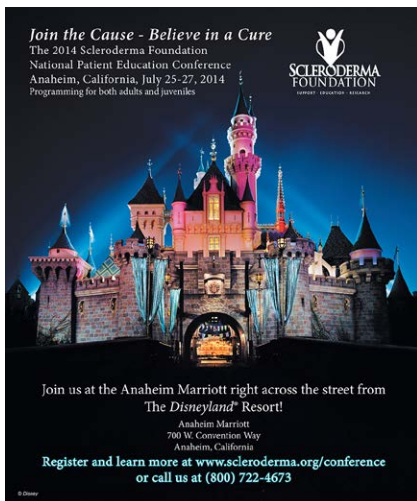


# SCLERODERMA FOUNDATION

SUPPORT • EDUCATION • RESEARCH

eLetter #549 | April 4, 2014

## Deadline for Early Bird Registration to the National Conference is May 1



### Join the Cause - Believe in a Cure / Anaheim, CA | July 25-27, 2014

The deadline for early bird registration rates to register for the Scleroderma Foundation's 16th annual National Patient Education Conference is fast approaching! **The early bird rate is good through Thursday, May 1, 2014, 5:00 p.m. Eastern.** (Note: If you are unsure of your membership status, please call the Foundation at (800) 722-4673.)

The registration cost to attend the conference is:

- Early bird, Scleroderma Foundation members: \$195
- Early bird, non-members: \$245
- Meals only attendee: \$130
- Child or teen attendee (17 or younger): \$35

This one-of-a-kind patient education event will be held July 25-27, 2014, in Anaheim, Calif., just steps away from all of the exciting fun of the *Disneyland* Resort® and other sunny California attractions.

[Register for the conference online >>](#)

[Download a printable registration form >>](#)

### About the Anaheim Marriott

We have worked with the Anaheim Marriott to provide our conference attendees with discounted room rates. The group room rates are:

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- Standard room with king or two double beds: \$129
- Oversized king or oversized double: \$149
- Concierge Room: \$179, features a king or two double beds, plus access to the Concierge Lounge, which includes breakfast in the morning

These special rates are available July 21 to July 28, 2014. Space is limited, so reserve early! The discounted room rate is not guaranteed if the room block has sold out.

[Make your hotel reservations online now](#), or you also can call the Anaheim Marriott directly at (877) 622-3056 to reserve your room. Just reference "Scleroderma 2014" to complete your reservation.

### **Stay Up-to-Date About the Conference**

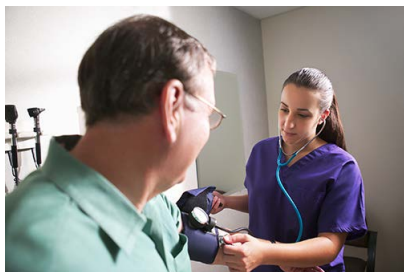
To stay up-to-date with all of the 2014 National Patient Education Conference information, [sign up to receive our special conference e-blasts >>](#) Our periodic email updates will notify you about this year's speakers and workshops, special events and programming, and things to do while you're in Southern California.

Also, be sure to bookmark [www.scleroderma.org/conference](http://www.scleroderma.org/conference). This will be your online destination for the latest conference information and resources to help you plan your trip.

We look forward to seeing you in July!

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## **Who Participates in Clinical Trials?**



There are two major categories of participants in clinical trials. Healthy volunteers are people with no known significant health problems who participate in clinical research to test a new drug, device, or intervention. Research procedures with healthy volunteers are designed to develop new knowledge, not to provide direct benefit

to study participants. Healthy volunteers have always played an important role in research. A patient volunteer has a known health problem and participates in research to better understand, diagnose, treat, or cure that disease or condition. Research procedures with a patient volunteer help develop new knowledge. These procedures may or may not benefit the study participants.

[Learn more about who might participate in clinical trials at NIH.gov >>](#)

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## **When to Choose Urgent Care or the Emergency Room**

Many people assume the local hospital's emergency department is the best place to go for immediate treatment, but an urgent care center may be a faster





and cheaper way to get care for less serious conditions. An emergency department is an area of a hospital that is prepared to treat people who need immediate medical attention for serious traumas, sudden illnesses and other health-related emergencies. An urgent care center is ready to treat the less serious, more everyday ailments and conditions that also need prompt care from skilled clinicians.

[Learn more about emergency rooms and urgent care at The Baltimore Sun >>](#)

## Walking - A Step in the Right Direction



Have you been thinking of adding more physical activity to your life? Starting a walking program may be a great way to be more active. The benefits of walking on a regular basis may include lowering your risk of health problems like high blood pressure, heart disease, and diabetes, strengthening your bones and muscles, burning more calories, and lifting your mood. This brochure will give you tips on how to make walking a part of your daily routine.

[Read the brochure at the WIN Network >>](#)

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