

Subject: Only One Week Left Before Conference Scholarship Deadline!

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SCLERODERMA FOUNDATION

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eLetter #545 | March 7, 2014

Only One Week Left Before Conference Scholarship Deadline!



The deadline to apply for a scholarship to attend the National Patient Education Conference in Anaheim, CA is only one week away! **All applications must be received by the national office by 5 p.m. Eastern Standard Time, Friday, March 14, 2014.**

Thanks to the generosity of donors, the Scleroderma Foundation is able to provide scholarships for individuals who may otherwise not be able to attend our annual National Patient Education Conference.

Please [visit our website](#) to learn about the application requirements and guidelines, and to [download the application](#). If you have questions, please call Tracey O. Sperry at (800) 722-4673 or email tsperry@scleroderma.org.

Would you like to receive more information about the 2014 National Patient Education Conference in Anaheim? [Sign-up for our email alerts >>](#)

African-American Patient Education Day is March 22

There are only two weeks left to register for the Scleroderma Foundation's second African-American Patient Education Day! It will be held on Saturday, March 22, in Philadelphia, PA. Join us, along with Virginia Steen, M.D., of Georgetown University Medical Center, and Laura K. Hummers, M.D., of Johns Hopkins University Medical Center, for the all-day learning event that will specifically look at how the African-American population is affected by the disease.

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The event will be held at the Philadelphia Marriott Downtown, located at 1201 Market St., in Philadelphia. Registration starts at 9 a.m. The program begins at 10 a.m. and will conclude by 4:30 p.m. The cost to attend is \$15 per person, and includes lunch and snack.

[Click here to download the program >>](#)

There are four easy ways to register for the event:

1. [Register online >>](#)
2. Call us at (800) 722-4673 and we can process your registration and credit card payment over the phone.
3. [Download the registration form](#) and mail the completed form along with your registration fee to: Scleroderma Foundation, 300 Rosewood Drive, Suite 105, Danvers MA 01923
4. [Download the registration form](#) and fax the completed form to (978) 463-5809 (credit card only)
5. For those who wish to stay overnight, there is a small room block reserved for the event. Contact the hotel directly at **877-212-5752** and mention 'scleroderma.'

If you have any questions about this event, please contact Kerri Connolly, Director of Programs and Services, at (800) 722-4673 or email kconnolly@scleroderma.org.

Southern California Chapter Webinar: Caring for the Caregiver



Presenter:

Ginny Maril Ph.D, California Lutheran University

Date and Time:

Thursday, March 13, 2014 at 11:30 AM PST

[To join the webinar, please click here on March 13, 2014 at 11:30 am PST and you will be taken directly to the presentation.](#)

This is a web-based presentation and you will not need to download any software to your computer. If you are accessing the presentation through a mobile device you will need to install the free MegaMeeting Mobile App.

For those who will not have computer access or do not have computer speakers, toll-free audio will be available by calling 1-877-216-1555. Enter the passcode: 981555.



For all others, follow the instructions on the screen when you click the link.

Technical questions? Please call Jerold Kappel at Scleroderma/SoCal office 310-287-0793 or email socachapter@scleroderma.org.

For other questions, contact Karen Gottesman at karen@sclerodermasocal.org.

We look forward to you joining us on March 13, 2014!

Vascular Headaches



The term vascular headache refers to a group of headache conditions in which blood vessel dilation or swelling is the major component in the production of pain. The blood vessels in the tissues surrounding the head swell, become distended and inflamed, so that the normal pulsation of the vessels causes a throbbing type of pain.

Vascular headaches are usually throbbing in character, and physical exertion increases the pain. Included under the classification of vascular headaches are migraine headaches, cluster headaches, and toxic headaches. All involve

dilation, or swelling of the blood vessels in the head and scalp.

[Learn more about different types of headaches at the National Headache Foundation >>](#)

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