

THANK YOU TO OUR DONORS

and **hundreds of volunteers** that raise funds and support our mission! Because of your efforts the Tri-State Chapter has:

- **Contributed more than \$900,000** to support the Foundation and the Research Program in the last five years.
- **Presented 10 Patient Education Forums** in 2016, attended by nearly 1,000 patients, family members and caregivers.
- **Funded an additional grant** of \$150,000 through the Scleroderma Foundation Research Program with Dr. Theresa Lu at HSS.

REGISTRATION

AlbanyEd.SclerodermaTriState.org

OTHER WAYS TO REGISTER:

Call: 800-867-0885 Fax: 607-723-2039

Email: mbbkadylak@SclerodermaTriState.org

Mail form: Scleroderma Foundation Tri-State Chapter
59 Front Street, Binghamton, NY 13905

ALBANY SCLERODERMA PATIENT EDUCATION FORUM SATURDAY, SEPTEMBER 16, 2017

Registration is free | Family and caregivers are encouraged to attend | Light lunch provided

Number attending _____

Name _____

Address _____

Phone _____

Email _____

The Albany, NY Scleroderma Patient Education Forum brings you information that is important to scleroderma patients, family members, friends, caregivers and health care professionals.

The event will be held in the Auditorium.
Free parking is in the rear of the building.

PROGRAM SCHEDULE

- 11:30 am** Registration & Lunch
- 12:30 pm** Tri-State Welcome:
Mary Beth Bobik-Kadylak
Director of Pt. Education & Support
- 12:40 pm** **Scleroderma Overview**
- Aixa Toledo-Garcia, MD
Q & A immediately following
- 1:40 pm** Break
- 2:00 pm** **Life After 20 Years of Scleroderma**
- Vivek R. Mehta, MBBS
Q & A immediately following
- 3:00 pm** **A Word From Our SG Leaders**
- Albany SG Leaders: Carla Gage
& Ray Littlejohn
- 3:30 pm** Program Ends

PLEASE DRESS FOR AN AIR-CONDITIONED VENUE AND BRING LAYERS FOR COMFORT.



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TRI-STATE CHAPTER

59 Front Street, Binghamton, NY 13905
www.sclerodermatristate.org | 800-867-0885

Connect with us



Visit SclerodermaVideo.com to access past educational events 24/7 - free-of-charge!

SCLERODERMA PATIENT EDUCATION FORUM

YOU ARE NOT ALONE



THE BONE & JOINT CENTER
1367 Washington Avenue
Albany, NY 12206

SATURDAY, SEPTEMBER 16, 2017
11:30 AM – 3:30 PM



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TRI-STATE CHAPTER



AIXA TOLEDO-GARCIA, MD

Topic: **Scleroderma Overview**

Dr. Toledo is a Partner and Chief Medical Officer at The Center for Rheumatology. Board certified in Internal Medicine and Rheumatology, Dr. Toledo is also certified in medical technology and is The Center for Rheumatology's Clinical Laboratory Director.

Dr. Toledo graduated from Interamerican University of Puerto Rico where she obtained a B.S. in Biology. She became Board Certified in Medical Technology and worked in one of Puerto Rico's main hospitals. She obtained her medical degree at the University Autonoma de Guadalajara, and completed her Fifth Pathway training at New York Medical College. She completed her residency in Internal Medicine at Albany Medical Center, where she also completed her fellowship training in Rheumatology. She is Board Certified in Rheumatology and Internal Medicine and is a member of the American College of Physicians and The American College of Rheumatology. She has participated in clinical research in rheumatology and has contributed in the writing of medical publications.



VIVEK R. MEHTA, MBBS

Topic: **Life After 20 Years of Scleroderma**

Dr. Vivek Mehta is a Rheumatology Fellow at the Albany Medical Center, Albany, NY. He went to medical school in Ahmedabad India at B.J. Medical College and did residency in Internal Medicine at the Mercy Catholic Medical Center in Darby, PA.

Dr. Mehta has a keen interest in research and has been involved at Mercy Catholic Medical Center and Albany Medical Center in a number of projects. His research has focused on such things as lung cancer, thrombophilia and hospice education. His current projects involve Thrombosis, Accelerated Activation of Vitamin D in Scleroderma and scleroderma renal crisis. Dr. Mehta is also working on a committee at Albany Medical to organize a vasculitis clinic. He has published a number of papers and given poster presentations and has won several awards in his young career.

Dr. Mehta's hobbies include traveling, running and skating. He is fluent in English, Gujarati and Hindi. He enjoys giving group presentations and helping scleroderma patients maintain good health as they learn to adapt and incorporate this chronic disease into their daily lives.

LOOKING FOR SUPPORT?

Contact us for support group information or Visit: sclerodermatristate.org

EASTERN CONNECTICUT

EasternCT@scleroderma.org

GREATER ENFIELD, CT

EnfieldCT@scleroderma.org

NEW HAVEN, CT

NewHaven@scleroderma.org

BERGEN COUNTY, NJ

BergenCountyNJ@scleroderma.org

NORTHERN NJ

NorthernNJ@scleroderma.org

ALBANY CAPITAL DISTRICT, NY

Albany@Scleroderma.org

BINGHAMTON, NY

Binghamton@scleroderma.org

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COOPERSTOWN, NY

Cooperstown@scleroderma.org

GREATER ROCHESTER, NY

Rochester@scleroderma.org

LONG ISLAND, NY

LongIsland@scleroderma.org

NASSAU/QUEENS, NY

NassauQueens@scleroderma.org

NEW YORK CITY

NYC@scleroderma.org

ORANGE COUNTY, NY

OrangeCounty@scleroderma.org

SUPPORT VOLUNTEERS:

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Plattsburgh@scleroderma.org

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SUPPORT GROUPS OFFER:

- An opportunity to talk with others who have gone through similar health challenges.
- A chance to share experiences, practical suggestions, and ways of coping.
- A welcome place to acquire information and learn from others in a warm and caring atmosphere.
- Educational information provided by the Scleroderma Foundation.



These sessions provide education, support and an opportunity to listen to and ask questions of featured speakers, other attendees and the Tri-State Chapter.

Visit the Tri-State website for the 2017 schedule and information on how to join a Tri-State Connect support group meeting call.

Leader: Jan Nitti-Gnall, MPH, MT
email: TSCConnect@scleroderma.org | call: (973) 997-5590.
Previous meetings on YouTube: <http://youtube.com/c/sftristate>

FACEBOOK SUPPORT GROUPS:



Because scleroderma manifests itself in a unique way in men, their issues and concerns are unique as well. This support system provides a means for men with scleroderma to connect with each other - share stories, seek advice and ask questions - in a caring and supportive environment. Become part of an understanding and educated group of men finding ways to deal with scleroderma and its complications. Only men with scleroderma may join by request.

Co-Leader: Andrew Botieri (508) 982-7523
ScleroMen@Scleroderma.org
Co-Leader: Lee Korotzer LKorotzer@yahoo.com



Scleroderma Super Starz provides emotional and educational support to teens and young adults (13-40 years old) as well as their families & caregivers. The group focuses on sharing experiences and providing opportunities to network, to post disease-related information, and share common concerns. A safe, non-judgmental forum for members to speak openly and share ideas for coping with the struggles faced by those with scleroderma in an environment of mutual support.

Leader: Amy Gietzen (716) 479-0756
SclerodermaSuperStarz@Scleroderma.org

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