

## Long Island 2010 Support Group Meetings

January 16th ~ March 20th ~ May 15th  
July 17th ~ September 18th ~ November 20th

**10:00 AM**

### Southside Hospital

301 East Main St., Bayshore, N.Y.

Enter Main Entrance, go to 5th Floor Tower (5T).

Telephone number of hospital is 631-968-3314

*Greetings!*

*We'd like to take this opportunity to extend a heartfelt "Thank You" to those who attended our meetings in 2009. Your time and donations help to make each session a success.*

*We are eager to see each of you. It's going to be an exciting year for our members. We are planning new topics to discuss and catching up on what's new with each of you.*

*We look forward to seeing you all soon.*

**Beatriz Nunez**

631-940-7110

longisland@scleroderma.org

**It's a great opportunity to meet old friends and make new ones.**

**Let's talk, learn and have vibrant conversations.**

If you have scleroderma...

you need not feel alone!



#### Our Support Group Offers:

- Mutual support to people with scleroderma
- An opportunity to talk with others who have gone through similar health challenges
- A chance to share experiences, practical suggestions and ways of coping
- A welcome place to get information and learn from others in a warm and caring atmosphere
- Educational information provided by the Scleroderma Foundation

*The mission of the Scleroderma Foundation Tri-State, Inc. Chapter is three fold:*

*To provide educational and emotional support to people with scleroderma and their families; to stimulate and support research designed to identify the cause and cure of scleroderma as well as improve methods of treatment and; to enhance the public's awareness of this disease.*

## Your Support Is Needed!

**Sunday, June 6, 2010**

9:00 AM - Registration

10:15 AM - Walk Begins

Wantagh Park

Wantagh, New York

[www.scleroderma.org/steppingout/tristate.htm](http://www.scleroderma.org/steppingout/tristate.htm)

### Special Attention

To help save money and time, and keep us green, send an email to [sdtristate@scleroderma.org](mailto:sdtristate@scleroderma.org) (with your email address) so we can put you on our email reminder list.

