



Hackensack New Jersey 2010 Support Group Meetings

Maywood Public Library

459 Maywood Ave, Maywood, NJ 07607

1:00 - 3:00 PM

Greetings!

We'd like to take this opportunity to extend a heartfelt "Thank You" to those who attended the Teaneck Support Group meetings in the past. Your time and donations help to make each session a success.

We are eager to meet each of you at our new location. It's going to be an exciting year for our members, new and old. We are planning new topics to discuss.

We look forward to seeing you all soon.

Emily Chillino

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It's a great opportunity to meet old friends and make new ones.

Let's talk, learn and have vibrant conversations.

April 10th	Meet and greet time for the new group
May 8th	Hand Therapy, by Mary Bassman, OT
June 12th	TBD
September 11th	Jeannie Kostel, NSCA Physical Trainer
October 9th	Scleroderma Overview - Dr. Gross, Rheumatologist
November 13th	Current scleroderma research by Dr. Hsu

Our Support Group Offers:

- Mutual support to people with scleroderma
- An opportunity to talk with others who have gone through similar health challenges
- A chance to share experiences, practical suggestions and ways of coping
- A welcome place to get information and learn from others in a warm and caring atmosphere
- Educational information provided by the Scleroderma Foundation

If you have scleroderma...

you need not feel alone!



The mission of the Scleroderma Foundation Tri-State, Inc. Chapter is three fold:

To provide educational and emotional support to people with scleroderma and their families; to stimulate and support research designed to identify the cause and cure of scleroderma as well as improve methods of treatment and; to enhance the public's awareness of this disease.

Your Support Is Needed!

Sunday, May 23, 2010

9:00 AM - Registration

10:15 AM - Walk Begins

Overpeck Park

Leonia, New Jersey

www.scleroderma.org/steppingout/tristate.htm

Special Attention

To help save money and time, and keep us green, send an email to sdtristate@scleroderma.org (with your email address) so we can put you on our email reminder list.

