Registration Fee:
$15 per person – Ages 6 and up Free – 5years old and younger

Step One: Pre-register Today
Send in the registration form and the minimum donation payable to:

Scleroderma Foundation TBC
PO Box 1836
Allen, TX 75013

or

Register on-line:
www.firstgiving.com/scl-bluebonnet

Step Two: Spread the Word & Raise Contributions
Tell your friends, family, and co-workers about the walk, invite them to participate and raise funds too. Tell everyone about Scleroderma and why you want to raise money to help provide support for those afflicted with the disease, and to fund research to find a cause, and ultimately a cure!

Pledge sheets available upon request – Incentive Prizes will be given for pledges raised over $100

Step Three: Walk….And Have Fun!
Don't forget to bring your completed pledge forms with you on walk day.

REGISTRATION FORM

Please print clearly in ink. One form per participant
Last Name _____
First Name _____
Street Address _____
City _____State_____Zip_____
Phone _____
E-mail Address _____

T- Shirts will be sold during registration - $10.00 Each

□I am walking on my own
□I am walking as part of a team
Team Name _____
Captain _____
□I am walking in
□Honor of _____
□Memory of _____
□I am unable to attend, but enclosed is my contribution of
$_____

WAIVER: In consideration of being permitted to participate in Stepping Out to Cure Scleroderma, I herby, for myself, my heirs and personal representatives assume any and all risks which might be associated with the event. I further waive, release, discharge and covenant not to sue the Scleroderma Foundation, any chapter, support group, officers, employees, sponsors, organizers, volunteers or other representatives or their successors and assigns, for any and all injuries or damages or any kind whatsoever suffered as a result of taking part in the event and any related activities. I aggress to the use of any photo, film, videotape of the event for any purpose.

Signature _____
Parent must sign if participant is under 18

5th Annual National Scleroderma 5K Walk-A-Thon
SF, Texas Bluebonnet Chapter - Corpus Christi Area

In Honor of patients of The Scleroderma Foundation,
Tx Bluebonnet Chapter & all others affected by Scleroderma &
In Memory of loved ones who fought this disease with hope and courage.

In Recognition of National Scleroderma Awareness Month

Stepping Out To Cure Scleroderma

2010 National Gold Sponsor
ACTELION

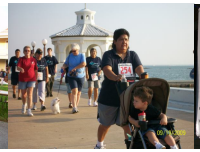
Saturday, September 18, 2010 @ 8:00 a.m.

Registration begins at 7:15 a.m.
Rain or Shine!
Heritage Park
1581 N. Chaparral

Refreshments will be served
Door Prizes
Incentive Prizes for pledges raised
T-shirts will be sold during registration

Registration Fees:
Ages 6 & up - $15.00
Ages 5 & under - Free

For more information:
Contact Tina Villarreal Villegas, SF CC Walk Chairman
Phone: 361-442-4421
Email: tinavcc@yahoo.com
www.firstgiving.com/tinav
www.scleroderma.org/chapter/texas/2010CorpusChristiWalk.htm
all proceeds will benefit the
Scleroderma Foundation, Texas Bluebonnet Chapter
To contact the Scleroderma Foundation:
1-866-Learn SF (532-7673) Email to SFTBCevents@scleroderma.org
www.scleroderma.org/chapter/texas
Donations can be mailed to: PO Box 1836, Allen, TX 75013
Checks are to be made out to: Scleroderma Foundation - TBC Note: CC Walk



2009 Kid's Race 2009 Walkers 2009 Sponsors 2007 Walkers 2008 Walkers

Scleroderma is an auto immune connective tissue disease that is chronic and sometimes fatal. Individuals who have scleroderma are plagued with a multitude of symptoms in which their bodies overproduce collagen. Symptoms can range from mildly irritating skin hardness and itching, to more complicated difficulties such as fibrosis of the heart and lungs. Affecting nearly as many people in the United States as Multiple Sclerosis, it is not nearly as well known. Scleroderma is diagnosed far more frequently in women than in men and can be found at any time in a person's life, but is most usually found in women during their child bearing years.

Walk Route: down Resaca St. to seawall. Make a right and go straight to Peoples St. where you will find a water station. Loop back to Resaca and take a left in front of park. Go around the park, head back down Resaca to the Seawall and head to Peoples St. and come back.