



Dear Friend,

We are excited to announce our 1st Annual Longview Scleroderma Walk. The walk is scheduled for Saturday, September 19, 2009 at the Longview Mall. It is most important that you join us at the Walk and invite your friends and family to attend! Your attendance is vital in helping us gain the attention that we need to increase awareness, by showing that this devastating disease affects many lives! We are coordinating Scleroderma Walks in numerous cities across the nation in an effort to make Scleroderma a household name. Our goal is to increase awareness, decrease the diagnosis time, and to fulfill our threefold mission of Support, Education, and Research.

Ideas on how you can make a difference on September 19, 2009

Join us – It's simple. Be there at 8:00 AM **September 19th at the Longview Mall** and help make a difference in the lives of those with Scleroderma. Walking is not required but your presence is vitally important. Please make it a priority to attend!

Raise Funds – Collect donations from your family, friends, and co-workers and bring them to the walk. Even if you are unable to attend you can still raise funds. You can even create your own personal webpage-It is easy to do! Go to www.firstgiving.com/scl-bluebonnet and send your page to your friends and family. You'll earn incentive prizes too, however, there is no minimum to participate – our goal is to have as many people at the walk as possible!

Form a Team – A team can be 2 or more people – recruit everyone you know. Give your team a fun name, wear the same color, make a banner with your team name, but most of all, have fun.

Make a Donation – Even if you are unable to come to the Scleroderma Walk you can still participate by collecting and raising funds and/or make a personal donation. Every donation helps support the three-fold mission of the Scleroderma Foundation. Send your donations to:

Scleroderma Foundation - PO Box 1836, Allen, TX 75013. Mark your donation – **SFTBC Longview Walk**. If you would like to give the credit to a walker, just include that person's name with the donation.

If you need any assistance on getting started or to discuss ideas on how to raise money for the walk, please contact Debra McDowell at 903.720.4140 or SF-TBC Office at 1-866-532-7673. Thanks again for your support! We look forward to seeing you at the event on September 19th!

You Are Not Alone!

Sincerely,

Debra McDowell
Event Planner – Longview Support Group
Scleroderma Foundation - Texas Bluebonnet Chapter