

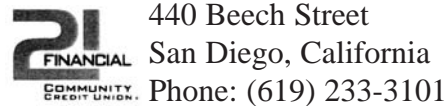
Thank You To All Our Sponsors



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Taking the First Few Steps

Register Today

Fill out the registration form and mail it in with your \$25.00 non-refundable registration fee by July 1, 2008.

Raise Contributions

Start collecting today. All walkers will be raising contributions to benefit the local work of the Scleroderma Foundation and the Lupus Foundation of So. California. It's easier than you may think, and we'll provide the tips and tools to make it even easier. Set a challenging personal goal, you'll feel great when you reach it!

Spread the Word

Tell your friends and family about the walk, invite them to participate and raise funds too. It's more fun to walk as a team...with co-workers, classmates, family members, or any club or group you belong to. Walk in honor or in memory of a loved one. Tell everyone about scleroderma and lupus and why you want to raise money to help provide support for those afflicted with the disease, and to fund research to find a cause, and ultimately a cure.

Walk... and have fun!

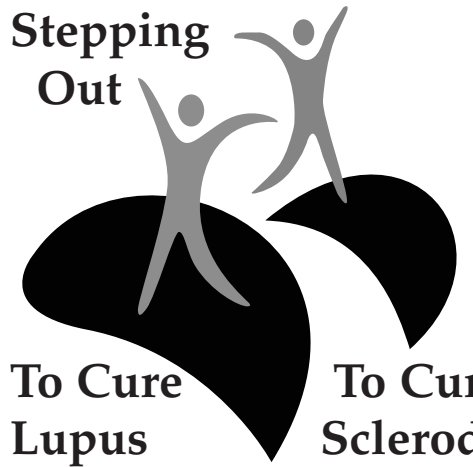
Don't forget to bring your completed contribution forms and contributions with you on walk day. You'll save yourself lots of time and effort by collecting contributions as you sign people up.

Other things to know for the walk

- The walk is closed to all wheels except for noncompetitive wheelchairs and strollers.
- Water will be available at the Start, Finish, and on the course.
- T-shirts will be distributed on a first come first served basis
- Pets are prohibited
- Raffle prizes will be drawn
- On-line contributions: support@firstgiving.com
www.FirstGiving.com/scl-SanDiego
www.LupusSoCal.org



Stepping
Out



To Cure
Lupus

To Cure
Scleroderma

Be a Part Of Our

1ST Annual 5K Awareness Walk

Sunday, July 13th, 2008
Registration 8:00 am
Start 9:00 am

Shelter Island, San Diego
For more information:

(619) 448-6301 or
(858-278-2788)

Email: widgeon426@aol.com
www.FirstGiving.com/scl-SanDiego

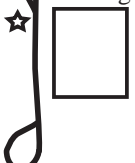
Rosecrans

Shelter Island Dr.

Take Rosecrans South
To Shelter Island Drive

Park by Fish Pier
Look for Balloons & Signs

Parking



The Scleroderma Foundation's mission is three-fold:

- 1) To help patients and their families cope with scleroderma through mutual support programs, peer counseling, physician referrals, and educational information.
- 2) To promote public awareness and education through patient and health professional seminars, literature, and publicity campaigns.
- 3) To stimulate and support research to improve treatment and ultimately find the cause and cure of scleroderma and related diseases.



300 Rosewood Drive, Suite 105 • Danvers, MA 01923
 Phone: (978) 463-5843 • Fax: (978) 463-5809
 Info Line: (800) 722-HOPE • www.scleroderma.org
 Email: sfinfo@scleroderma.org

Lupus Foundation of So. California Mission Statement

It is our mission to actively promote public awareness of lupus, to promote and conduct activities that support the well-being of lupus patients and their families and to enrich the human experience with hope, strength and joy and to identify and solicit appropriate funding sources to support scientific research aimed at finding a cure for lupus.

GET IN THE LOOP



Hollaine Hopkins, Executive Director
 4699 Murphy Canyon Road • San Diego, CA 92123
 (858) 278-2788 • www.lupussocal.org

Through the efforts of this walk, and other fundraising efforts, we are making scleroderma and lupus treatable!

Registration Form

Name

Company

Address

City State Zip

Phone Email

I will be walking:

Individual

In honor or memory of: _____

My Company has a matching gift program: _____

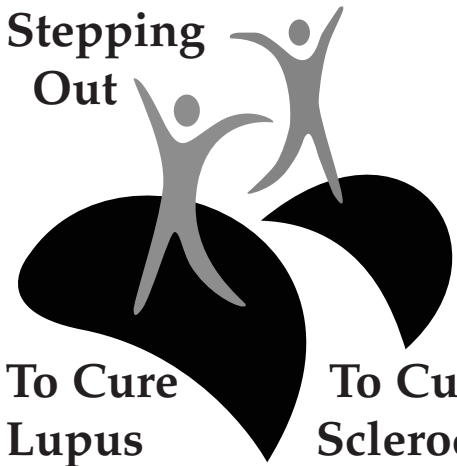
I am unable to walk, but would like to volunteer:
 Name: _____
 Phone: _____

Recommended Donation \$25.00
 Please make checks payable to:
**Scleroderma Foundation or
 Lupus Foundation of So. Cal.**

Mail To: Greater San Diego Chapter
 P.O. Box 15836
 San Deigo, CA 92175-5836

WAIVER: In consideration of being permitted to participate in Stepping Out To Cure Scleroderma and To Cure Lupus, I hereby, for myself, my heirs and personal representatives assume any and all risks which might be associated with the event. I further waive, release, discharge and covenant not to sue the Scleroderma Foundation or the Lupus Foundation of So. Cal., any chapter, organizers, volunteers or other representatives or their successors and assigns, for any and all injuries or damages or any kind whatsoever suffered as a result of taking part in the event and other related activities. I agree to the use of any photo, film or videotape of the event for any purpose.

Signature: _____
 (Parent must sign if participant is under 18)



Proud to Support

Sponsor Sheet for:

I am walking in honor or memory of:

Lupus Scleroderma

**Sunday • July 13th, 2008 • 8:00 am
 On Shelter Island in San Diego**

1) Name	Address	City	Zip	Phone	Pledge
2) Name	Address	City	Zip	Phone	Pledge
3) Name	Address	City	Zip	Phone	Pledge
4) Name	Address	City	Zip	Phone	Pledge
5) Name	Address	City	Zip	Phone	Pledge
6) Name	Address	City	Zip	Phone	Pledge
7) Name	Address	City	Zip	Phone	Pledge
8) Name	Address	City	Zip	Phone	Pledge
9) Name	Address	City	Zip	Phone	Pledge
10) Name	Address	City	Zip	Phone	Pledge
11) Name	Address	City	Zip	Phone	Pledge
12) Name	Address	City	Zip	Phone	Pledge