



## STEPPING OUT TO CURE SCLERODERMA

**Join us in the fight to cure Scleroderma at our 9<sup>th</sup> Annual Walk!**

Date: **Sunday, October 2, 2011**

Registration: **11:00 AM**

Walk: **12:00 Noon**

Location: **Reynoldsburg Senior Center**, 1520 Davidson Dr., Reynoldsburg, OH 43068

\$10 to walk, \$25 for walk, t-shirt, and free gift of your choice. 10 and under walk for FREE.

We will have free food, 50/50 raffle, Chinese auction, bake sale, kids' corner with face painting, balloon animals and games.

Register online and get more info at [www.steppingoutohio.org](http://www.steppingoutohio.org)

Scleroderma is a chronic, often progressive autoimmune disease – like rheumatoid arthritis, lupus, and multiple sclerosis- in which the body's immune system attacks its own tissues. Scleroderma, which literally means "hard skin", can cause thickening and tightening of the skin, as well as serious damage to internal organs including the lungs, heart, kidneys, esophagus, and gastrointestinal tract. An estimated 300,000 persons in the United States have Scleroderma. Approximately 4 times more women than men develop the disease. The exact cause or causes of Scleroderma are unknown, and although medications can sometimes help, there is no cure yet.

