



Toledo Area

Scleroderma and PHA Newsletter

November 2009

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**Support Group Meeting is November 17, 2009**

**7:00 pm to 9:00 pm Room 2**

**St. Luke's Hospital**

**5901 Monclova Road, Maumee, Ohio**

**Contact: Jerri Sue DeTray**

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Speaker will be Kelly Howard from Actelion discussing Scleroderma with PH.

Snacks will be provided by **Actelion**.

**PAH Pathways Actelion Services & Support**

**Patient Support:** It is important you understand and adapt to your condition-but you don't have to do it alone. There is a network of support available to you that includes medical professionals, patients like yourself, family and caregivers. Communicating with and relating to others who are "in your shoes" can help with your physical well being. Take advantage of support networks for both emotional and practical support.

**Resources for PAH Patient:** The following resources are great place to start PAH information, news, and ideas for how to get involved with the PAH community.

**PAH Pathways:** Provides information about insurance coverage, financial assistance, and Sure Steps- an education and support program for patients on

Actelion PAH Drugs: call 1-866-ACTELION (1-866-228-3546)

**Scleroderma Foundation:** Provides support, education and research for scleroderma patients visit; [www.scleroderma.org](http://www.scleroderma.org) or call 1-800722-4673

**Pulmonary Hypertension Association:** Sponsors over 140 support groups and hosts online chat rooms; visit [www.phassociation.org](http://www.phassociation.org) or call 1-800-748-7274

**Drug Discount Card:** A way to save on your prescription medications. A project of The Scleroderma Foundation and NeedyMeds.org

NeedyMeds is a 501(3) (c) non-profit founded in 1997 to help low-income people find the assistance with the cost of health care. [www.NeedyMeds.org](http://www.NeedyMeds.org)

**\*Remember we will not meet in Dec. 09, Jan. and Feb. 2010, we will resume on March 18, 2010. \***



You are invited to attend the support group meeting for patients with Scleroderma and PH.

Please feel free to bring your family, friends or anyone who has been a big support to you.

Come share your stories.

There will be others to listen and exchange ideas and helpful hints in coping with this disease.

The meetings are held the third Thursday of every month at 7:00 pm until 9:00 pm

Excluding December, January and February. Until further notice.

The meetings are held at

St. Luke's Hospital

5901 Monclova Road

Maumee, Ohio

In Room 2

**The meeting dates for 2010**

**March 18, April 15, May 20, June 17, July 15, August 19, September 16**

**October 21, November 18**

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