

2009 Registration form

Please print clearly – one form per participant

Last Name _____

First Name _____

T-shirt size (circle one) S M L XL

I am walking on my own

I'm walking as part of a team from my:

Company * Church/club

College/university School

Healthcare Organization

Other _____

*Company or team name _____

My company has matching funds.
My matching gift form is attached
(Not sure? Check with your employer.)

Your address

City, State, Zip

Circle one:

I walk: In honor of In memory of

I'm unable to attend, but enclosed is my contribution of

\$ _____

Waiver: In consideration of being permitted to participate in Stepping Out to Cure Scleroderma, I hereby, for myself, my heirs, and personal representatives assume any and all risks which might be associated with the event. I further waive, release, discharge, and covenant not to sue the Scleroderma Foundation, any chapter, support group, officers, employees, sponsors, organizers, volunteers, and other representatives or their successors and assigns, for any and all injuries or damages or any kind whatsoever suffered as a result of taking part in the event and any related activities. I agree to the use of any photo, film, or videotape of the event for any purpose.

Signature _____

(parent must sign if participant under 18)

Scleroderma Foundation, Ohio Chapter
PO Box 846
Hilliard, OH 43026-0846



There's still time to participate in another "Stepping Out to Cure Scleroderma" 2009 Walk!!

October 4, 2009 - Reynoldsburg, Ohio



Reynoldsburg Senior Center,
1520 Davidson Dr, Reynoldsburg, OH

Registration begins at 11:00 a.m., walk at 12:00 Noon with your choice of multiple courses, from easy to a good workout.

From 1:00-3:00 p.m., we'll have food, a Chinese auction, and a 50/50 raffle. Auction items include zoo tickets, jewelry, restaurant gift cards, entertainment tickets, car care packs, ice cream, massages, cookies, dog treats, and MUCH MORE! Check out the still-growing list on the website.

Donations for the auction or sponsorships for the event are welcome! Please contact info@sfohio.org or 866-849-9030 Map and directions link on our walk website at

www.steppingoutohio.org

National Patient Education Conference Highlights

Reports from the conference held in July in St. Louis were overwhelmingly positive. Some comments from Ohio attendees include: "Amazing speakers", "I learned something in every session", "It was great to meet so many other people with scleroderma", and "My husband and I split up to attend more sessions. He especially appreciated the caregiver's class." More information and photos are on the national website and the September issue of the "Scleroderma Voice".

And the winner is.....

The Ohio Chapter won the Outstanding Education Program Award at the National Conference. This was to honor the Mini-Conference held in Columbus in October 2008. It was a first of its kind for the chapter and was extremely well attended by many scleroderma patients, their family members, friends and caregivers. This two-day event included nine different seminars and workshops as well as a volunteer appreciation dinner. Jerry Metz, Ohio Chapter Secretary, is shown accepting the award on behalf of the chapter.



Kettering Fire Department Donation Honors Sandy Green

The Kettering Fire Department recently made an almost \$10,000 donation to the Scleroderma Foundation in memory of Sandy Green. This small town department with a big heart supported Sandy's husband, fireman Steve Green and son Zach



Sandy's battle and passing in April.

Mariann Boyanowski, Ohio Chapter President, and Steve Green are shown presenting a plaque to Jeff Rose, VP of the Kettering Professional Firefighters to honor their donation. Sandy's parents, Bob and Virginia Dipert, and son Zach were in attendance. Penny Davis, Dayton support group leader, Leni Schulz, Youngstown support group leader, and Debbie Metz, Ohio Board Member were also there on behalf of the Ohio Chapter.

Jeff Rose announced that the firehouse will be holding an annual event in Sandy Green's honor.

Akron Children's Hospital 3rd Annual Family Day

The Ohio Chapter was honored to participate in a mini health fair at the Akron Children's Hospital Family Day. Over 150 people attended.



Mariann Boyanowski, Ohio Chapter President,

Dr. Mary Toth, Director at Akron Children's Hospital, and Marilyn Panagopoulos, Youngstown support group leader at the health fair table.

WorkPlace Giving

You can support the Scleroderma Foundation through the United Way, or for federal employees, the Combined Federal Campaign. More information is available on the chapter and national websites. There is also a link to directly donate or renew your membership online.

Support Group News

The Toledo area support group will have Kirk Stucky, a therapist from Fulton County Health Center speak about coping skills with a chronic illness at their September 17 meeting. More info below. The Toledo group will take December and January off and resume meetings in March 2010.

Support Groups

Canton Area Support Group - *Canton, Ohio*

6:30 p.m. first Thursday of every month
Dueber United Methodist Church, 645 Dueber Ave. SW, Canton, Ohio 44706

Group Leader: Jaime Smith, 330-257-5857

Carrollton Area Support Group - *Carrollton, Ohio*

4:00 p.m. first Thursday of every month
Carroll County District Library, 70 2nd st NE,
Carrollton, Ohio 44615 330-627-2313

Group Leader: Crystal Burgett, 330-627-7548

Cincinnati Support Group - *Cincinnati, Ohio*

1:00-3:00 p.m. second Saturday of every month
The Cincinnati Scleroderma Support Group moved to the Conference Center at the Mercy Hospital - Anderson Medical Office Building II (MOB II).

Group Leader: Debbie Metz, (513) 232-5210,
cincinnati-sg@sfohio.org

Columbus Support Group - *Columbus, Ohio*

7-9:00 p.m. third Wednesday of every month
Panera on Mill Run.

Group Leader: Amie Yaussy, (866) 849-9030,
info@sfohio.org

Dayton Area Support Group - *Dayton, Ohio*

First Saturday of the month from 10:00 a.m. - 12:00 p.m.

Our meetings are held at Grace Community Church, 5001 Fishburg Road, Huber Heights, Ohio.

Group Leader: Penny Davis, 937-237-1952 -
dayton-sg@sfohio.org

Northeast Ohio / Greater Cleveland Support Group - *Northeast Ohio*

4th Thursday of every month

Meetings are in the restaurant of the Richfield Quality Inn, 4742 Brecksville Rd., Richfield, OH

Group Leaders: Mariann Boyanowski, 330-533-0552 and Susan Woodard, 216-587-5191.

Email: neohio-sg@sfohio.org.

Toledo Area Support Group - *Toledo, Ohio*

7-9:00 p.m. third Thursday of each month
St. Luke's Hospital, 5901 Monclova Road, Maumee, Ohio, in Room 2.

Group Leader: Jerri Sue DeTray, 1-866-849-9030. Email: toledo-sg@sfohio.org.

Youngstown Area Support Group - *Youngstown, Ohio*

6:00 p.m. on the first Monday of every month
Luciannos restaurant, 1732 S Raccoon, Austintown, OH, 330-792-5975. Come for dinner.

Group Leaders: Leni Schulz, 330-654-2538 and
Marilyn Panagopoulos, 330-318-6088 -
youngstown-sg@sfohio.org

2nd Annual Pamela Rae Sewalish Memorial Stepping Out to Cure Scleroderma Walk Is a Huge Success!!

On June 28, 2009, Pam Sewalish's family and friends hosted a memorial walk and fundraiser at South High School track and the Willoughby Pool Pavilion.. A picnic lunch and fundraising raffles were made possible through donations from local businesses and individuals.



The event was a great success! Over 125 people participated in this fundraising event, and doubled the money raised last year, supporting the Ohio Chapter of the Scleroderma Foundation's 3-fold mission: Medical Research, Patient Support and Education.



Thanks to event coordinators Krissy Klouda and Becky Rempe and their generous volunteers, walkers, and supporters.

**See More Photos from Both Walks at
<http://www.scleroderma.org/chapter/ohio>**

Another Great Year!! 6th Annual --Stepping Out to Cure Scleroderma 4K Fun Walk at Boardman Park, Youngstown

325 walkers raised over \$30,000 at the 6th annual Stepping Out to Cure Scleroderma Walk on Saturday, June 9, 2009. The walk started with the National Anthem sung by Tom Panagopoulos and an inspirational blessing offered by Father Tom Constantine from St. John Greek Orthodox Church in Boardman

There was a DJ, Chinese Auction, 50/50 raffle. The Grotto clowns entertained all the children and many prizes were given away. Thanks to the more than 80 sponsors, dozens of whom have participated all six years, there was coffee, donuts, chips, subs, fruit, water, and numerous prizes for the auction.



Next year's event is scheduled to be held on Saturday, June 5, 2010 at Boardman Park. Mark your calendar!



**Ohio Scleroderma
News**

Scleroderma Foundation, Ohio Chapter - PO Box 846 - Hilliard, OH 43026-0846 -
(866) 849-9030

September 2009

Coming Up!!!!

**Stepping Out to Cure Scleroderma –
Reynoldsburg, Ohio
Sunday, October 4, 2009**

www.steppingoutohio.org

You can register online and make your own fundraising page to share with friends and family!! Info on the walk, more forms.

Registration fees:

Walker (no t-shirt) - \$10.00

Walker with t-shirt - \$25.00

For more information call toll-free 866-849-9030

As always, for more information on walks, support groups, conferences, late-breaking news, and more, go to

<http://www.scleroderma.org/chapter/ohio>