

SCLERODERMA FOUNDATION NORTH BAY AREA SUPPORT GROUP

2010 MEETING & EVENT DATES

January 23	Support Group Meeting ~ Topic: “ <i>New Year’s Resolutions for Health</i> ”
February 27	Support Group Meeting ~ Topic TBA
March 27	Support Group Meeting ~ “ <i>Caring & Sharing</i> ”
April 24	Support Group Meeting ~ Speaker- Lynn Schmidt Cryer, RN, BA, CCM “ <i>Advanced Health Directive/ POLST Form</i> ”
May 22	Patient Education Seminar ~ San Francisco ~ Details TBA <i>No Regular Meeting in May</i>
June 26	Support Group Meeting ~ Topic TBA
July 24	Summer BBQ ~ Details TBA
August 28	Support Group Meeting ~ “ <i>Update from National Conference</i> ”
September 25	Patient Education Seminar ~ Sacramento
September 26	8 th Annual Stepping Out to Cure Scleroderma Walk ~ Sacramento
October 23	Support Group Meeting ~ Speaker: Cynthia Wilcox-Rittgers, Ph.D. “ <i>Coping with Chronic Illness</i> ”
November	No Meeting ~ <i>Happy Thanksgiving!</i>
December 4	Holiday Party- Details TBA

Support Group Meeting: 10 AM – Noon, Fourth Saturday of the Month
New Vintage Church, 3300 Sonoma Ave, Santa Rosa, CA 95405

North Bay Area Support Group Leader:
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**Schedule, location, topics or speakers subject to change, please contact Cathy to confirm.

Updated: 01/07/10