

SCLERODERMA FOUNDATION SACRAMENTO SUPPORT GROUP

2009 MEETING & EVENT DATES

January 31	Support Group Meeting ~ Topic: <i>Meditation/Yoga</i>
February 28	Support Group Meeting ~ Topic: <i>Feeling Good Inside & Out</i> Speaker: <i>Kaye Yuen</i>
March 28	Support Group Meeting
April 25	Support Group Meeting ~ Speaker: <i>Farzad Saffari, Phd. (Doctor of Pharmacy)</i>
May 30	Support Group Meeting
June	No meeting ~ <i>Happy Summer!</i>
July	Summer Open House Party or Picnic at the Park Gathering
August 29	Support Group Meeting
September 26	Patient Education Seminar
September 27	7 th Annual Stepping Out to Cure Scleroderma Walk
October 31	Support Group Meeting
November	No Meeting ~ <i>Happy Thanksgiving!</i>
December 6	Holiday Open House Party

Times & Locations:

Support Group Meeting: 10 AM – Noon, Last Saturday of the Month (except as noted)
451 Parkfair Drive Suite 3 Sacramento CA 95864

Summer Open House or Picnic Party: Time and Place to be determined

Patient Education Seminar: Details to be Announced

7th Annual Stepping Out to Cure Scleroderma Walk: Cesar Chavez Park, Sacramento CA

Holiday Open House Party: Noon - 4 PM, Theresa Parulan's Home

Sacramento Support Group Leader:

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**Schedule, location, topics or speakers subject to change, please contact Theresa to confirm.

Updated: 01/07/09