



SPEAKER BIOGRAPHY: Robert C. Levine, M.D.

Dr. Robert C. Levine is a Board Certified Medical Doctor (MD) with 16 years of practice experience. Dr. Levine is a native of Michigan who grew up in Birmingham. He attended Birmingham public schools and is a graduate of Seaholm High School. He attended Michigan State University School of Medical Technology, College of Human Medicine and graduated in 1982. Dr. Levine attended Ross University School of Medicine, New York, N.Y. and completed his clinical rotations at Wayne State University. He did his internship and residency at Sparrow Hospital in Lansing, Michigan. Dr. Levine was elected Chief Resident. Following his residency, he worked briefly for Providence Hospital in Southfield, Michigan before starting his own practice on 13 Mile and Farmington Road in Farmington Hills, MI in 1991. He built a successful practice and later, took in partners, Drs. David Brownstein and Jeffrey Nusbaum, MD. It was during this time he became interested in holistic medicine.

Several years into his busy practice, Dr. Levine was appointed Chairman of the Department of Family Medicine at the Detroit Medical Center. Dr. Levine held this position for a number of years following which he was recruited to join Blue Cross, Blue Shield of Michigan (Blue Care Network) as the Southeast Regional Medical Director. Dr. Levine held this position for four and a half years. Dr. Levine returned to private practice to find fulfillment in direct patient care. During this time Dr. Levine realized that alternatives to medication could often improve health as effectively as traditional medication.

Dr. Levine is one of only a few MD's in this area who is Board Certified in both Family Medicine as well as the American Board of Holistic Medicine (ABHM). This additional training requires board certification by another recognized specialty board (ABMS) as well as having to pass a specialized qualifying examination. Dr. Levine received holistic medical training at a time when few in the medical community knew about holistic medicine. His interest in a holistic practice resulted from a desire to find out better methods of treating chronic conditions and healing patients. Dr. Levine took his Acupuncture training at the Helms Institute for Medical Acupuncture at UCLA in California in 2002-2003.

He is on staff at two major hospitals in SE Michigan; Saint John Hospital, Detroit and the Detroit Medical Center. Dr. Levine is an Associate Clinical Professor of Family Medicine at Wayne State University and is a clinical instructor to residents and medical students.

Dr. Levine has established a medical practice known as "Elle Medical". This practice is very unique in that it is specifically dedicated to natural and holistic medicine. His approach is so unique that he was featured on a Jewish News cover story. He has been written up in newspapers and magazine articles and has appeared in Detroit's Hour Magazine Top Docs Issue. His practice includes use of bio-identical hormones, acupuncture, IV vitamin therapy, Oxygen Massage, allergy testing, management of thyroid conditions, chronic fatigue syndrome, fibromyalgia, back pain, migraine headaches and other chronic conditions. Due to the unique approach, his consultative practice generally requires a professional referral from a primary care or specialty physician for an initial evaluation.

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