

RELEASE FORM

In consideration of the acceptance of this form to participate in the 2010 Stepping Out to Cure Scleroderma 3K/5K Walk, I waive all claims for myself, my heirs and assigns against the Scleroderma Foundation – Rocky Mountain Chapter and any individuals and entities associated with the event, and will hold them harmless for any and all injuries or illness which may result from my participation. I further state that I am in proper physical condition to participate in this walk. I also understand that a walk sponsor may subsequently use for publicity and promotional purposes my name or pictures of me participating in this event without obligation or liability to me.

Signature Date

If under 18, signature of parent or guardian Date

HOW DID YOU HEAR ABOUT OUR WALK?

- brochure mailing
 Internet/website
 friend or family
 other _____

Please tear off registration,
add payment and mail to:

SCLERODERMA FOUNDATION
Rocky Mountain Chapter
P.O. Box 460940
Aurora, CO 80046-0940

WHAT IS SCLERODERMA?

Scleroderma is a chronic, often progressive autoimmune disease – like rheumatoid arthritis, lupus and multiple sclerosis – in which the body's immune system attacks its own tissues.

The disease, which literally means "hard skin," can cause thickening and tightening skin, as well as serious damage to internal organs including the lungs, heart, kidneys, esophagus, and gastrointestinal tract. Scleroderma occurs three to four times more often in women than in men.

For some individuals, scleroderma is a nuisance. For others, it is a life-threatening disease. For most people with scleroderma, the disease has a serious impact on daily life. And although medications can sometimes help, there is no cure.

WHAT IS THE SCLERODERMA FOUNDATION?

The Scleroderma Foundation helps people with scleroderma and their families cope with the disease through support programs, physician referrals, and educational information.

The Scleroderma Foundation also promotes public awareness about scleroderma and funds research to improve treatment and discover the cause and cure.

WHY STEP OUT TO CURE SCLERODERMA?

Since 2005, the Rocky Mountain Chapter Stepping Out to Cure Scleroderma walks have raised \$50,000 toward research for scleroderma. Your participation will help us raise even more to assist our cause.

JOIN US IN THE FIGHT!

FOR MORE INFORMATION, PLEASE CONTACT US:

phone: 303/806-6686
e-mail: cochapter@scleroderma.org
www.scleroderma.org


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PLEASE PRE-REGISTER BY **JUNE 4, 2010.**

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First Class
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6th annual
**STEPPING OUT
TO CURE
SCLERODERMA**



6TH ANNUAL
**Stepping Out
To Cure
Scleroderma**

SATURDAY, JUNE 19, 2010
CHERRY CREEK STATE PARK

PLEASE PRE-REGISTER BY **JUNE 4, 2010**

