

Educational Seminars For Scleroderma Patients

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April 10, 2010 1:00 - 3:00 p.m. *St. John's Macomb Hospital*
"All About Pulmonary Hypertension" "Feel Good Foods"
"Living With Scleroderma With A Smile"

April 22, 2010 6:30 - 8:30 p.m. *Center for Health Services, Brownstown*
"Keeping A Positive Attitude With A Chronic Illness" "Hatha Yoga"
"Living With Scleroderma With A Smile"

April 29, 2010 1:00 - 3:00 p.m. *Holy Spirit Catholic Church, Grand Rapids*
"An Afternoon With the MI Chapter"

**Advocacy and networking outreach for patients and their family
Ice Cream Social**

2010 National Gold Sponsor



May 6, 2010 1:00 - 3:00 *East Lansing Public Library, Lansing, MI*
"An Afternoon With the MI Chapter"

**Advocacy and networking outreach for patients and their family
Ice Cream Social**

May 13, 2010 6:30 - 8:30 *Borgess Health & Fitness Center, Kalamazoo*
"How to Deal with the Physical Aspects of Scleroderma" "Feel Good Foods"
"Living With Scleroderma With A Smile"

July 22, 2010 6:30 - 8:30 *Allegiance Health Hospital, Jackson*
"Hyperbaric Oxygen Therapy" "Feel Good Foods"
"Living With Scleroderma With A Smile"

August 12, 2010 6:30 - 8:30 p.m. *Mount Clemens Public Library, Mount Clemens*
"Striving to Live A Healthier Life With Scleroderma" "Hyperbaric Oxygen Therapy"
"Dental Care For Scleroderma Patients" "Living with Scleroderma With A Smile"

August 26, 2010 6:30 - 8:30 p.m. *McLaren Community Medical Center, Davison*
"Healthy Body-Healthy Spirit- Living With Scleroderma" "Feel Good Foods"
"Living with Scleroderma With A Smile"

September 9, 2010 1:00 - 3:00 p.m. *1st Congregational Church, Battle Creek*
"An Afternoon With the MI Chapter"

**Advocacy and networking outreach for patients and their family
Ice Cream Social**

September 23, 2010 7:00 - 9:00 p.m. *Munson Community Health Center, Traverse City*
"Mind Over Matter-How Do I Deal With Scleroderma?" "Yoga" "Hand Therapy"
"Living with Scleroderma With A Smile"

September 30, 2010 6:30 - 8:30 p.m. *Fee Hall, MSU, Lansing*
"Stressful Times & Stressful Situations-
Strategies to Help You Become Master of Your Emotional Well Being"
"Feel Good Foods" "Meditation Circle" "Living with Scleroderma With A Smile"

October 7, 2010 6:30 - 8:30 p.m. *Holy Spirit Catholic Church, Grand Rapids*
"Hints, Tips, & Gadgets: OT/PT Suggestions To Help You Thrive in Spite of Scleroderma"
"PAH Basics" "Meditation Circle"
"Living with Scleroderma With A Smile"